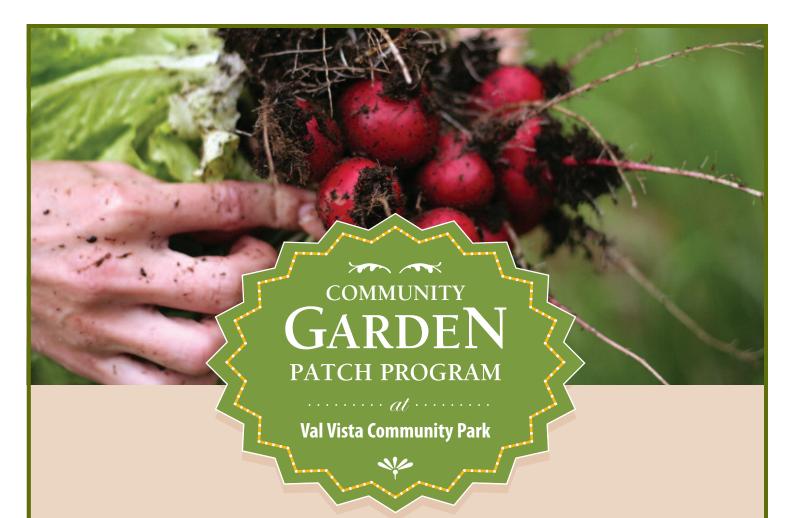
LEASANTON Community Services Activities Guide � Spring 2012 2012 Summer INSIDE: Camp Pull-out Lil Baseball **Rock Climbing** Spring Break Camps



The Community Services Department facilitates a community garden in Val Vista Community Park. The garden is comprised of 33 full-sized patches, each measuring approximately 225 square feet, and as of January 1, 2011, 7 additional patches, bringing the total patches to 40. Applications and general garden information is available through the City website.

Community gardens are an excellent way to learn about gardening and to share in the harvest and fun of gardening with others. It's also a great way to get the kids outside and connect them with healthy food and nature. There is nothing better than the taste of fresh produce from your own garden! Hurry, there are a limited number of patches that will be available. Prospective gardeners will be placed on a wait list in order of application receipt.



For additional information, please contact Kathy Southern, Community Gardens Coordinator, by calling (925) 997-3186 or via email at ksouthern@ci.pleasanton.ca.us. You can also get more information on the city website at http://www.ci.pleasanton.ca.us/services/recreation/comm-garden.html

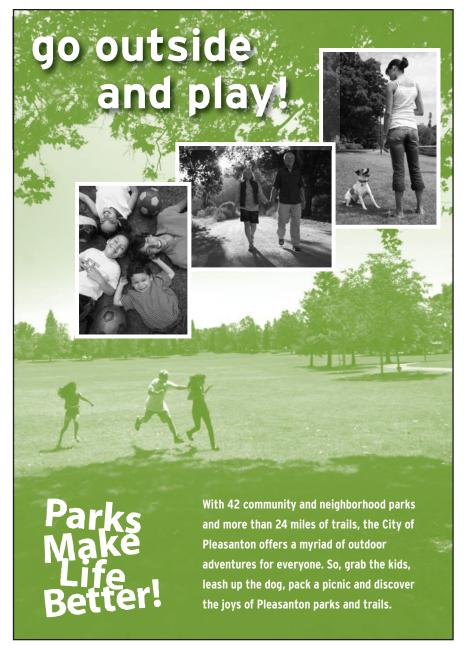


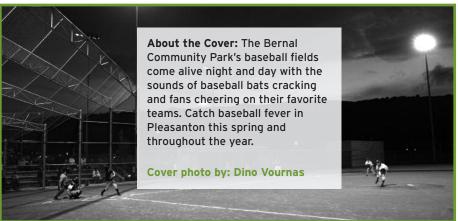
Phone: (925) 931-5340

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Access & Inclusion

In compliance with the Americans with Disabilities Act (ADA), the City of Pleasanton Parks and Community Services Department encourages those with disabilities to participate in its programs. If you have special needs, and require accommodation, please call us at 931-5340.





Community Services Facilities

Parks and Community Services 200 Old Bernal Avenue, 931-5340

Alviso Adobe Community Park 3465 Old Foothill Road, 931-3479

Amador Recreation Center 4455 Black Avenue

Amador Theater

1155 Santa Rita Road, 931-5359

Century House

2401 Santa Rita Road

Cultural Arts Center

4477 Black Avenue

Dolores Bengtson Aquatic Center

4455 Black Avenue, 931-3420

Firehouse Arts Center

4444 Railroad Avenue

Gingerbread Preschool

4333 Black Avenue. 931-3430

Nature House

519 Kottinger Drive

Regalia House

4133 Regalia Court

Senior Center

5353 Sunol Blvd, 931-5365

Sports Park Fieldhouse

5800 Parkside Drive. 931-3437

Tennis & Community Park

5801 Valley Avenue, 931-3449

Veterans Memorial Building

301 Main Street

City/School Gymnasiums: Pleasanton Middle School

5001 Case Avenue

Harvest Park Middle School

4900 Valley Avenue

Thomas A. Hart Middle School

4433 Willow Road

For facility rental information, please visit www.ci.pleasanton.ca.us or call 931-5340.

Other Activity Locations:

Earl Anthony Dublin Bowl

4477 Regional Street, Dublin

Jues Taekwon-Do Studio

5460 Sunol Blvd., #8, Pleasanton

Crispim BJJ Barra Brothers 7063 Commerce Cir., Unit E, Pleasanton

Valley Rock Climbing

2455 Railroad Ave., Livermore

City Commissions Parks & Recreation Commission

Jack Balch, Chairperson
Joseph Steng, Vice Chairperson
Brad Hottle • Ted Kinzer • Kurt Kummer
Herb Ritter

7:00pm 2nd Thursday

Susan Andrade-Wax, Community Services Director

Civic Arts Commission

Claudia Hess • John Loll
Tegan McLane • R Jo Molz • Sara Nealy
Tony Rivera • Howard Seebach
7:00pm 1st Monday

Housing Commission

Colleen Lopez, Chairperson
Barbara Hempill, Vice Chairperson
John Casey • Daniel Mermelstein
Justin Probert • Ann Welsh
7:00pm 3rd Thursday

Human Services Commission

Theresa Rowland, Chairperson Brock Roby, Vice Chairperson Joyce Berger • Prashant Jhanwar David Lambert • David Nagler Don Wilson • Rosiland Wright 7:00pm 1st Wednesday

Library Commission

Valerie Arkin, Chairperson Kelly Cousins, Vice Chairperson Traci Cook • Corri Cooper Denise Fournier • Judith Matthew Michael Todd

7:00pm 2nd Thursday, Pleasanton Library

Planning Commission

Phil Blank • Kathy Narum Greg O'Connor • Arne Olson Jennifer Pearce • Jerry Pentin 7:00pm 2nd and 4th Wednesday

Youth Commission

Cody Ellgas, Chairperson
Emma Rigl, Vice Chairperson
Lauren Ancora • Phoebe Brown • Diane Hadley
Aditi Jhanwar • Libby Kolar Judy Lu
Shannon Malindzak • Kaitlyn Mallie
Kara Matsune • Catherine Mayo • Erica Utikal
7:00pm 2nd Wednesday, September-May
Gingerbread Preschool

Sports Groups

For information regarding registration, coaches, rain-outs or other pertinent information, please contact the organizations listed below or visit the City website at www.pleasantonsports.org. This list does not necessarily imply City sponsorship:

Boys Soccer (BUSC)

www.busc.org

Girls Soccer (PGSA/RAGE)

www.pleasantonrage.org

Adult Soccer (PASS)

www. pleasantonadultsoccer.com

Pleasanton Junior Football (PJFL)

www.pjfl.com

Girls Softball (PGSL)

www.pleasantonsoftball.org

American Little League (PALL)

www.pleasantonamerican.com

National Little League

www.pleasantonnational.org

Foothill Little League (PFLL)

www.pfllonline.org

Girls Golf (LPGA-USGA)

ptownputter@comcast.net

Pleasanton Lacrosse Club (PLC)

www.pleasantonlacrosse.com

Radio Control Glider Club

846-8617

Seahawks USS Swim Team

www.pleasantonseahawks.org

Special Olympics Sports

www.specialolympics.org

Tri Valley Masters Swim Team

www.trivalleymasters.com

Sports Field Weather Line

931-5360 | www.pleasantonsports.org

Adult Basketball, Gymnasium Rentals, Open Gyms, Pleasanton Youth Basketball (PYB), Volleyball, Adult Softball and Softball Tournament

Rentals:

Dan Villasenor, 931-3437 dvillasenor@ci.pleasanton.ca.us

Sports Camps

lan Anderson, 931-5340 ianderson@ci.pleasanton.ca.us

Lifetime Tennis

931-3449

www.lifetimetennis.com

Local Arts Groups

Looking for ways to express yourself? A number of Valley-based arts organizations invite your participation and interest.

Amador Livermore Valley Historical Society and Museum

462-2766

Amador Valley Quilters

www.amadorvalleyquilters.org

Bay Area Metro Chorus (Men)

443-SING

Cantabella Children's Chorus

www.cantabella.org

CWC Tri-Valley Writers

www.trivalleywriters.com

Harmony Fusion (Chorus)

846-1857 | www.harmonyfusion.org

Livermore Amador Symphony

www.livamsymph.org

Livermore Valley Opera

www.livermorevalleyopera.com

Pacific Chamber Symphony

484-0839 | email: cponca@aol.com

Pleasanton Art League

www.pal-art.com

Pleasanton Community Concert Band

www.pleasantonband.org

Pleasanton Cultural Arts Council

931-1111 | www.pleasantonarts.org

Pleasanton Cultural Arts Foundation

846-1007 | www.pleasantonartsfoundation.org

Pleasanton Playhouse

484-4486 or 462-2121

Tri-Valley Woodcarvers

846-5011

Valley Concert Chorale

www.valleyconcertchorale.org

Valley Dance Theater

www.valleydancetheatre.com

Valley Shakespeare Festival 556-9624

City Council

Jennifer Hosterman, Mayor Cheryl Cook-Kallio Cindy McGovern • Matt Sullivan Jerry Thorne

Nelson Fialho, City Manager 7:00pm 1st & 3rd Tuesday



Registration Information

Priority Registration

(Residents only*)

On-line (Residents only*)

Beginning at 8:00 am on Wednesday, February 1, 2012

First opportunity to register!

http://online.activecommunities.com/pleasanton

Plan ahead and visit the City's registration website to request a customer log in name and password, at least 72 hours prior to registration. Remember to keep your customer log in name and password handy to register. Forgot your customer log in name and password? Please contact the Community Services Department at (925) 931-5340 for assistance.

Mail-In (Residents only*)

Beginning Wednesday, February 8, 2012

(Faxes are NOT accepted)

Make checks payable to: City of Pleasanton

Mail to: Registration

City of Pleasanton P.O. Box 520

Pleasanton, CA 94566

Attn: Community Services

Mail-in registration will be processed in random order beginning February 8, 2012. After February 8, mail-in registration will be processed in order of date received. (Due to the high volume of mail received, we will be unable to verify receipt of any registration by telephone).

Open Registration

On-line, Mail-in & Walk-in

Beginning Wednesday, February 15, 2012

(Faxes are NOT accepted)

*Individuals living or residing within the City of Pleasanton city limits.

Walk-In Registration

Available at the following locations during posted business hours:

- Community Services Administrative Office
- Alviso Adobe Community Park
- Dolores Bengtson Aquatic Center

Phone: (925) 931-5340

- Gingerbread Preschool
- Pleasanton Senior Center

General Information

- Registration for all tennis activities is conducted at the Pleasanton Tennis and Community Park, located at 5801 Valley Avenue. For registration and more information, please contact Lifetime Tennis at (925) 931-3449 or www.lifetimetennis.com.
- Registration for all golf activities is conducted at the Callippe Preserve Golf Course located at the 8500 Clubhouse Drive. For registration and more information, please contact the Golf Course at (925) 426-6666 or www.playcallippe.com.
- Non-Resident (N) fees indicated throughout this guide apply to those living outside of the City of Pleasanton city limits. If your registration is received and is determined that you are a non-resident, your registration will not be processed until "Open Registration" and the correct fees are received.
- Customer log-in name and password are required to register by Internet. Both are provided by contacting the City's registration website at http://online.activecommunities.com/ pleasanton at least 72 hours prior to registration.
- Please limit registration form to family members living in the same household.
- Mail-in registrations sent before scheduled registration dates will be held and processed prior to the beginning of "Open Registration".
- Drop-off registrations will be accepted during mail-in, but processed after mail is received the following day.
- Enrollment is subject to availability. Programs are filled on a first-come, first-served basis.
 All programs are subject to cancellation if minimum enrollment numbers are not met.
- Faxes are NOT accepted.
- It is the parent's/guardian's or the participant's responsibility to notify the City of Pleasanton in advance of any reasonable accommodations necessary to participate in the class(es) or program(s) described in this guide.
- City assumes no responsibility for any registrations that are not received by the City.
- Registration confirmation/receipt will be sent to those registering by mail.

Refund Policy

The City of Pleasanton will be happy to arrange a transfer to another section of our program or cancel your registration and send you a refund if the following guidelines are met:

- A full refund will be given when notice is received by the Parks and Community Services Department at least ten (10) days prior to the start of the class or program.
- Refund requests received after this time, but at least five (5) days prior to the start of the class or program will be assessed a \$5.00 administrative fee, per class/program.
- No refunds will be issued for requests received less than five (5) days prior to the start of the class or program.
- City assumes no responsibility for any refund requests that are not received by the City.
- Full refunds will also be granted if the class or program is cancelled by the Department.
- No refunds given for non-attendance, one-day workshops or material fees.
- Refunds under \$20 will be automatically credited to your account.

Exceptions to this policy may be made by the Director of the Community Services Department.











How to Register

Parks & Community Services Spring Classes and Registration Form Pleasanton, CA 94566 City of Pleasanton P.O. Box 520 Summ

Phone: (925) 931-5340

for Registration See page 6 Information

Please limit registration form to family members living in the same household only!

Refund Policy-Please read!

least 10 days before the start date for a refund or credit. Choose your classes carefully. No refunds Withdrawals and Transfers: If you wish to drop a class or transfer to another session, call us at for non-attendance, one-day workshops or materials fees.

NO FAXES ACCEPTED!

Spring Classes and	Register with your Visa	☐ Resident* ☐ Nonresident	Resident* Nonresident *Individuals residing within the City of Pleasanton city limits.
Summer Camps 2012	or MasterCard!	E-mail Address	
Parent/Guardian	. Home Address.	ddress	
ŢĬ.	Zin Phon	Phone (home)	Phone (hysiness)

Participant Name	Date of Birth Male/ First Choice: (under 18) Female Activity Code	Male/ Female	First Choice: Activity Cod	e: ode Activity	Second Choice: Activity Code	Activity	Fee
	3/2/08	Σ	52405	Lil Baseball	52406	Lil Baseball	\$128.00
i I				Community Service	s Fee Assistanc	Community Services Fee Assistance Program Donation \$	\$
ي ا	Without District American of District The Office of District is		winited and the following a cuitor	7.1.1.1.1.1.1.1.1.1.1.1.1.1.1.1.1.1.1.1	. N.	Total \$	\$
4	SK: THE CITY OF FICASA	411CO11 15 SPO115	SOLUIS LITE TOTTOW II	IIg activity	(IAI)	(IVI) CIIIIQS)	

Community Services ree Assistance Program Donation トラ	Total \$ Total \$	participation in this activity is voluntary. I am (My child is) physically fit to participate in this activity. I understand that this activity involves risks and that serious injuries could occur. Knowing these risks, I want (my child) to participate in this activity.	I (on behalf of my child) hereby assume the risk, and hereby waive, release and discharge the City of Pleasanton, its Council, officials, employees, instructors, agents, sponsors and promoters of this activity. for any and all claims for damages for personal injuries, or claims for damages to property, which I (my child) or my (child's) heirs, assigns, executors or administrators may have or which	may accrue to my (child's) participation in this activity, including transportation to or from the activity. I have read the above and understand that important legal rights are being waived. Unless	therwise indicated, I consent to the City's use of any photographs that are taken of me or my child while participating in the City's programs for use in the City's brochures and flyers that are listributed both as printed documents and on the internet. No payment will be made for use of these photographs.	Signature Required: Date:	ayable to: City of Pleasanton.	
Community services re	Waiver, Release and Assumption of Risk: The City of Pleasanton is sponsoring the following activity	I am (My child is) physically fit to participate in this activity. I understand that this activity In addition, if transportation is provided to the activity, serious injuries could occur. Knov	he risk, and hereby waive, release and discharge the City of Pleasanton, its Council, official s for personal inituries, or claims for damages to property, which I (my child) or my (child's	n this activity, including transportation to or from the activity. I have read the above and u	otherwise indicated, I consent to the Citys use of any photographs that are taken of me or my child while participating in the Citys distributed both as printed documents and on the internet. No payment will be made for use of these photographs.	Signature Required:	Make Check Payable to: City of Pleasanton. Visa MasterCard Card Number	Cond Holder Simperine
	Vaiver, Release and Assumption of Risk:	articipation in this activity is voluntary. ny child is) participating in this activity.	(on behalf of my child) hereby assume to ctivity, for any and all claims for damage	nay accrue to my (child's) participation i	therwise indicated, I consent to the City istributed both as printed documents an	Name of Participant:	Check Enclosed Total Amount \$	Total Amonint & Card Hold

City of Pleasanton Tax I.D. #: 94-6000397

Mail-In Registration Procedure/Form

Card Holder Signature_

Total Amount \$_



|THE ARTS|

Ceramics with Sarah Hudson

Ages 4-6

Supply fee of \$30.00 is due at the time of registration.

Amusing Monsters!

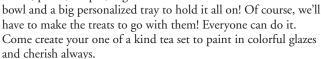
We'll be taking balls of clay and making them into monsters of all silly shapes and colors! With a focus on patterns and texture, you'll decide how many legs, wings, horns and ears each monster will have! Learn through demonstrations and lots of helpful ideas. You'll paint each one in monstrous colors and they'll be fired to last.

Dinosaurs!

The studio will be overrun with dinosaurs this spring! Come build your own T-Rex, Stegosaurus, and Triceratops—out of clay! You decide what it should look like and glaze each one in colors of your choice and they will be fired to a finish that will last a lifetime.

Tea Parties!

What can you turn a ball of clay into? Tea cups, saucers, dessert dishes, plates, tea pot, sugar



Playful Puppies!

Everybody loves a puppy—and in this class we'll be making many of them. We'll begin with a ball of clay! Some will be standing, some sitting, rolling over and lying down. Some will have a bone and other a collar or dog bowl! The ideas are endless, so come prepared to create! There will be demonstrations and lots of help. You'll paint and they will be fired to last forever.

Flashy Fish

This class involves bright colors, lots of shapes and textures, and a desire to try something new! We'll create colorful fish and be painting each in glazes of your choice so they'll be ready to hang on your walls at home! Join us to explore the creative world of art with clay.



Come in our studio and wrangle some farm animals. You'll be making pigs, cows, and chickens of your own! With demonstrations of basic sculpting skills and a focus on pattern and texture, each will be an original to be kept forever!

Outer Space!

We'll be making planets, spaceships, stars, moons, and . . . aliens! All out of Clay! We'll paint them too, with outer space colored glazes of your choice! Demonstrations will be provided. No experience is needed, just a desire to have fun while being creative!

Backyard Beasties!

From snails to slugs, and from slugs to salamanders . . . we'll be making them out of clay! With demonstrations and guidance, anybody can succeed! You'll create for 3 classes and then paint your pieces with the glazes of your choice. Each will be fired in our kilns so you can keep them for a long, long time!

Cultural Arts Center | Instructor: Sarah Hudson 5 classes | \$98.00R/\$108.00N

Code	Course	Day	Date	Time
52442	Amusing Monsters!	Tu	3/20-4/24	9:45-11:00am
52451	Flashy Fish	Tu	3/20-4/24	1:00-2:15pm
52444	Tea Parties!	W	3/21-4/25	9:45-11:00am
52443	Dinosaurs!	W	3/21-4/25	1:00-2:15pm
52450	Playful Puppies!	Th	3/22-4/26	9:45-11:00am
52454	Farm Animals!	Tu	5/1-5/29	9:45-11:00am
52452	Outer Space!	W	5/2-5/30	9:45-11:00am
52440	Backyard Beasties!	W	5/2-5/30	1:00-2:15pm
52453	Flashy Fish	Th	5/3-5/31	9:45-11:00am

Family Claytime!

This is a wonderful parent-child class that offers projects which involve you together in a creative outcome! Project ideas include a family sign for your front door, a sculpture of you both together, a platter with handprints and names. You'll come home with beautiful



pieces of art to remind you a wonderful time together. Supply fee of \$35.00 is due at the time of registration.

5 classes | \$144.00R/\$158.00N

Cultural Arts Pottery Studio | Instructor: Sarah Hudson

Code	Course	Day	Date	Time
52441	Family Claytime!	Th	3/22-4/26	1:00-2:15pm

|EXERCISE & WELLNESS|

Little Ninja Taekwon-Do

Ages 3-5

Taekwon-Do is a Korean style martial Art. The objective of the class is to promote health, fitness and fundamental self-defense. The class will teach discipline, self-control, and self-confidence. The class will be based on Martial Arts training of the hand and foot.

Jue's Taekwon-Do Studio | Instructor: Gordon Jue 10 classes | *No class 4/9 | \$100.00R/\$110.00N

Code	Day	Date	Time
52265	М	3/5-5/14*	1:30-2:00pm

12 classes | *No class 4/10, 4/11 | \$120.00R/\$132.00N

Code	Day	Date	Time
52266	Tu	3/6-5/29*	10:30-11:00am
52267	W	3/7-5/30*	1:30-2:00pm

13 classes | *No class 4/12 | \$130.00R/\$143.00N

Code	Day	Date	Time
52268	Th	3/1-5/31*	10:30-11:00am



|SPECIAL INTEREST|

Rock Crawlers

Ages 3-5

Rock Climbing develops balance, body movement, hand eye coordination, flexibility, and self confidence. In this class parents and children will have fun playing together in a safe environment under the supervision of our climbing instructor while the parent belays the child.

Valley Rock Climbing | Instructor: Zack Silva

4 classes | \$54.00R/\$59.00N

Code	Day	Date	Time
52948	М	3/5-3/26	11:00am-Noon
52949	Th	3/8-3/29	10:30-11:30am
52950	М	4/2-4/23	11:00am-Noon
52951	Th	4/5-4/26	10:30-11:30am

Science Beginnings-Explore Magnetism

Ages 4-6

What are electromagnets, magnetic fields, and neodymium magnets? What's in a fizzy drink? Why do we love our sodas? Let's have some drama with experiments in carbon dioxide and Mentos. Discover polymers, make snow, and dissect diapers in an exciting class on polymers. Make jelly crystals and find how farmers deal with water scarcity in drought-prone areas. A \$4.00 supply fee is due at the time of registration.

Regalia House | Instructor: Vidya Pillai 4 classes | \$76.00R/\$84.00N

Code	Day	Date	Time
52395	М	3/5-3/26	2:15-3:15pm

Gingerbread Preschool

Ages 2-5

Limited Spaces Available! Please contact the Preschool Office at 931-3430 to find out about current openings or to be placed on a waiting list. Children enrolling in the program must be 2, 3, 4 or 5 on or before December 2, 2011. For children entering the 2's class, diapering is available. Children entering the 3's class must be toilet proficient. Children entering the 4's or Kinderpals (5's) class must be toilet trained.

Course sessions and fee information is available at http://www.ci.pleasanton.ca.us/services/recreation/gb/gbreg.html

Parent Workshop Series

Ages 18 and up

Parenting Workshops are for parents of preschool age children. A variety of topics are presented that are relevant to this age group. Workshop content presents developmentally appropriate activities to help foster your child's growth and development.

Tantrums and Meltdowns

Come and learn why your child is having tantrums and meltdowns. Instructors will present information regarding developmental ages and stages as it relates to the topic and also introduces the concept of self regulation. Strategies to deal with the tantrums and meltdowns will be presented with the goal of teaching the child how to independently regulate their own emotions and behaviors.

Gingerbread Preschool | Instructor: Liz Hannigan

Code	Topic	Day	Date	Time
52624	Tantrums	W	3/14	3:30-5:00pm
52623	Child Care	W	3/14	3:30-5:00pm

See the Summer Camp Pullout for Gingerbread Summer Zone Camps!

|SPORTS|

Kidz Love Soccer

Ages 2-5

This is a great way to learn the skills for the game of soccer. This program offers a stress free approach to the game. Participants will learn from friendly staff through fun drills.

All rainouts will be made up. No credits will be issued. Rain-out hotline: (888) 372-5803.

Introduction to Soccer

Pleasanton Sports Park | Instructor: Kidz Love Soccer Staff 9 classes | \$105.00R/\$116.00N

•				
Code	Age	Day	Date	Time
52313	4-5	Tu	4/3-5/29	10:15-10:50am
52311	3 ¹ /2-4	Tu	4/3-5/29	10:50-11:20am
52312	3 ¹ /2-4	Tu	4/3-5/29	5:15-5:45pm
52314	4-5	Tu	4/3-5/29	5:45-6:20pm
52315	3 ¹ /2-4	F	4/6-6/1	10:30-11:00am
52317	4-5	F	4/6-6/1	11:00-11:35am
52318	4-5	F	4/6-6/1	5:10-5:45pm
52316	3 ¹ /2-4	F	4/6-6/1	5:45-6:15pm
52321	3 ¹ /2-4	Sa	4/7-6/9	9:00-9:30am
52319	4-5	Sa	4/7-6/9	9:30-10:05am
52320	4-5	Sa	4/7-6/9	10:05-10:40am

Mommy/Daddy & Me

Introduce yourself and your toddler to the World's Most Popular Game! As you and your child participate in our fun, age appropriate activities, your child will be developing their large motor skills and socialization skills. A variety of activities designed around the game of soccer will be played each week. The fun happens on the field, and in Mommy/Daddy & Me Soccer, you won't have to watch from the sidelines.

Pleasanton Sports Park | Instructor: Kidz Love Soccer Staff 9 classes | \$105.00R/\$116.00N

Code	Age	Day	Date	Time
52308	2-3 ¹ / ₂	Tu	4/3-5/29	11:30am-Noon
52309	2-3 ¹ / ₂	Sa	4/7-6/9	10:30-11:00am
52310	2-3 ¹ / ₂	Sa	4/7-6/9	11:05-11:35am



Lil Baseball

Ages 3-4

This introductory class teaches the baseball basics: Running, throwing, hitting, and the overall direction and rhythm of the game. Perfect to introducing your lil' one to America's pastime! Sign up and see what everyone in the East Bay is talking about!

8 classes | \$128.00R/\$141.00N

Harvest Park Middle School Fields | Instructor: Pitching Center Staff

Code	Age	Day	Date	Time
52405	3-4	Tu	4/10-5/29	4:30-5:20pm
52406	3-4	W	4/11-5/30	4:30-5:20pm
52407	3-4	Th	4/12-5/31	4:30-5:20pm

Wee Hoop

Wee Hoop is a fun basketball program for children ages 18 months to 5 years. Skills will be introduced through a variety of drills, games, and fun activities. Participants are required to bring a basketball, preferably size 3.

Hoopsters

Ages 18 months-3 years

This parent interactive class develops gross motor skills and coordination pertinent to the game of basketball. Repetition enables children to build their confidence so that parent participation lessens over time. Activities include organized games to develop listening skills and following directions.

Jump Shooters

Ages 3-4

This class introduces children to the fundamental skills of basketball in a fun, encouraging environment. At this level, parents are encouraged to take on a supportive role with lots of high fives and praise from the sideline.

Hot Shots

Ages 4-5

This class places an emphasis on developing basketball skills and learning basic rules of the game. The activities in this class will encourage teamwork and meeting new friends.

9 classes | \$105.00R/\$116.00N

Pleasanton Sports Park | Instructor: Dinah Shah

Code	Course	Day	Date	Time
52426	Hoopsters	Th	3/15-5/10	9:30-10:05am
52427	Jump Shooters	Th	3/15-5/10	10:10-10:55am
52428	Hot Shots	Th	3/15-5/10	11:00-11:45am

9 classes | \$105.00R/\$116.00N

Thomas Hart Middle School | Instructor: Dinah Shah

Code	Course	Day	Date	Time
52429	Hoopsters	W	3/14-5/9	5:10-5:45pm
52430	Jump Shooters	W	3/14-5/9	5:50-6:30pm



ITHE ARTS

Art About ...

Ages 5-10

Kids will try a wide variety of art techniques including sculpture, drawing, painting, papier mache and more while learning about different artists. With a new theme each day, kids will have the chance to explore, get messy and have fun. A supply fee of \$20 is due at the time of registration.

Art About the Zoo

Using materials and techniques such as paint, collage and clay, we'll create sculptures, paintings, bean bags and other fun things that are all about the zoo and your favorite zoo animals.

Art About Fun!

This class lets your imagination soar with lots of fun art projects including giant paper sculptures, bubble painting, and cool stuff for your room, using a variety of different art materials.

6 classes | *No class 4/10, 4/11 | \$110.00R/\$121.00N Firehouse Arts Center | Instructor: Debbie Wardrope

Code	Course	Day	Date	Time
52376	Art About the Zoo	Tu	3/27-5/8*	3:45-5:00pm
52375	Art About Fun!	W	3/28-5/9*	3:45-5:00pm

Ceramics-Youth

Ages 6-12

All skill levels are welcome. Projects will include pinch pot, coil pot, slab work and sculpture. All materials used are lead free and non-toxic. A \$25 supply fee is due at the time of registration.

6 classes | \$98.00R/\$108.00N

Cultural Arts Center | Instructor: Erin Davis

Code	Age	Day	Date	Time
52392	6-9	W	3/7-4/18	4:00-5:00pm
52393	9-12	W	3/7-4/18	5:30-6:30pm

My First Play

Ages 6-8

From how to audition, use your voice and body to create a character, blocking, stage directions, etiquette, and performance. Some reading is required. This class culminates with a class presentation.

8 classes | *No class 4/10 | \$160.00R/\$176.00NR

Firehouse Arts Center, Classroom B | Instructor: Mariah Castle

Code	Day	Date	Time	
52688	Tu	3/27-5/22*	4:00-6:00 pm	

Beginning Acting

Ages 8-11

Takes "My First Play" to the next level with character creation, voice, movement, objectives, tactics, obstacles, theatre games, and scene work. This class culminates with a class presentation.

8 classes | *No class 4/11 | \$160.00R/\$176.00NR

Firehouse Arts Center, Classroom B | Instructor: Mariah Castle

Code	Day	Date	Time	
52689	W	3/28-5/23	4:00-6:00 pm	

Beginning Guitar

Ages 8-11

This class is for beginners who've never played guitar before and previous students who want to advance their skills. Students will play popular tunes, get comfortable with the instrument and learn chords, tablature and notes. Students need to bring an acoustic or electric guitar without an amp. A \$5.00 supply fee is due at the time of registration.

8 classes | \$159.00R/\$175.00N

Regalia House | Instructor: Debra Knox

Code	Day	Date	Time
52434	М	3/5-4/30	6:00-6:55pm
52435	М	5/14-7/9	6:00-6:55pm

Introduction to Cartooning

Ages 9-12

Students will learn how to construct cartoon characters in the style of classic Looney Tunes and Disney. The foundations of cartooning will be covered from construction to line of action to proportions and clear poses. Continuing students will be taught more advanced techniques. Students need to bring a sketchpad and No. 2 pencils.

6 classes | \$132.00R/\$145.00N

Nature House | Instructor: Gary Francis

Code	Day	Date	Time
52357	Tu-Th	3/6-3/15	4:00-5:30pm
52497	Tu-Th	3/20-3/29	4:00-5:30pm
52359	Tu-Th	4/17-4/26	4:00-5:30pm
52360	Tu-Th	5/1-5/10	4:00-5:30pm
52361	Tu-Th	5/15-5/24	4:00-5:30pm

Musical Theatre

Ages 7-12

Learn the basics of performing musical theatre, from music and singing basics, to creating larger-than-life characters, and to learning simple choreography. This class culminates with a class presentation.

8 classes | No class 4/12 | \$160.00R/\$176.00NR

Firehouse Arts Center, Classroom B | Instructor: Paula Wujek

Code	Day	Date	Time	
52691	Th	3/29-5/24	4:00-6:00 pm	

|EXERCISE & WELLNESS|

Taekwon-Do

Aaes 6-12

Taekwon-do is a Korean style martial Art based on Martial Arts training of the hand and foot. The objective of the class is to promote health, fitness and fundamental self defense and will teach discipline, self control, and self confidence.

Jue's Taekwon-Do Studio | Instructor: Gordon Jue 12 classes | \$180.00R/\$198.00N *13 classes | \$195.00R/\$215.00N

Code	Day	Date	Time
52263	Tu	3/6-5/29	5:00-6:00pm
52264	Th	3/1-5/31*	5:00-6:00pm

NEW! Brazilian Jiu-Jitsu

Ages 5-9

Jiu-Jitsu utilizes leverage and balance rather than force and strength. This class incorporates self defense techniques, ground work, and conditioning, and it will help improve your child's coordination, strength and agility. Also a segment on bullying, self discipline, self confidence, respect and integrity will be included.

Crispim BJJ Barra Brothers | Instructor: Alexander DeAlmeida 14 classes | \$145.00R/\$160.00N

Code	Day	Date	Time
52965	Tu/ Th	3/6-4/19	4:00-4:45pm
52966	Tu/ Th	4/24-6/7	4:00-4:45pm

NEW! Mixed Martial Arts

Ages 5-9

This class introduces your child to Brazilian Jiu-Jitsu, wrestling, Muay Thai, boxing and conditioning. We'll focus on proper ground work techniques, punches and kicks. Get a complete and fun workout while we work to improve your child's strength and agility, and helping them develop discipline, respect, integrity.

Crispim BJJ Barra Brothers | Instructor: Alexander DeAlmeida 14 classes | \$145.00R/\$159.00N

Code	Day	Date	Time
52967	M/F	3/5-4/20	3:45-4:30pm
52968	W/ F	3/7-4/20	3:45-4:30pm

Berkeley Chess School

Ages 6-12

Chess is fun and can be learned quickly and easily. Studies have found that chess helps improve test results in reading, science, and math, and produces growth in critical cognitive skills. Beyond academia, chess influences social behavior including self esteem, respect for others, patience, and good manners. And did we mention it's FUN!!

Century House | Instructor: Berkeley Chess School 8 classes | \$144.00R/\$158.00N

Phone: (925) 931-5340

Code	Day	Date	Time
52257	F	3/2-4/27	3:30-4:30pm

|SPECIAL INTEREST|

Lekha School of Creative Writing Ages 8-10

Narrative Essays

Students will learn to write the narrative essay, which focuses on developing a student's ability to write in the first person and to follow a linear narrative structure. Students will write three to five paragraph essays, which is the structure favored by most school teachers. They will also learn how to plan and outline their essays properly before writing, as well as how to revise their essays.

Young Storytellers

Nourish your child's imagination in oue Young Storytellers—The Basics class. Students will learn methods to overcome writer's block and start writing their own original stories and poems. At the end of the class each student's best work will be published in an anthology available for purchase. All instructors are published authors with teaching experience.

8 classes | \$143.00R/\$157.00N

Cultural Arts Center | *No class 4/10, 4/12, 4/19 | Instructor: Deanna Berger

Code	Course	Day	Date	Time
52912	Narrative Essays	Th	3/1-5/3*	4:00-5:00pm
52913	Storytellers	Tu	3/6-5/1*	4:00-5:00pm

Science Beginnings-Explore Magnetism Ages 6-13

A \$4.00 supply fee is due at time of registration.

What are electromagnets, magnetic fields, and neodymium magnets? What's in a fizzy drink? Why do we love our sodas? Let's have some drama with experiments in carbon dioxide and Mentos. Discover polymers, make snow, and dissect diapers in an exciting class on polymers. Make jelly crystals and find how farmers deal with water scarcity in drought-prone areas.

Spring Break Extravaganza

Get prepared for things that ooze and bubble. Spectacular dry ice experiments teach you about frozen CO₂. Explore polymers and make green slime. Learn about fluorescence with glow-in-the-dark experiments. Write mysterious messages with goldenrod paper and many more experiments.

Regalia House | Instructor: Vidya Pillai 4 classes | \$76.00R/\$84.00N

Code	Course	Day	Date	Time	
52394	Explore Magnet.	F	3/5-3/26	3:30-4:30pm	
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1 classes | \$76.00R/\$84.00N

Code	Course	Day	Date	Time
52400	Spring Break	М	4/6	9:00am-1:00pm

SEE PAGE 18 FOR MORE SPRING BREAK CAMPS

|SPECIAL INTEREST|

Kids Rock Rock Climbing

Ages 6-12

Introductory class where you will learn basic techniques, climbing lingo, safety, and how to properly use the gear while getting a work out. The main goal of the class is to be able to climb to the top with confidence, but also understand safety rules and mastery of two knots, and knowledge of equipment.

Valley Rock Climbing | Instructor: Zack Silva

4 classes | \$71.00R/\$79.00N

Code	Day	Date	Time
52952	Tu	3/6-3/27	4:00-5:00pm
52953	Th	3/8-3/29	4:00-5:00pm
52954	Tu	4/3-4/24	4:00-5:00pm
52955	Th	4/5-4/26	4:00-5:00pm

Yoga for Teens

Ages 10-13

You will learn fun poses like walking the dog and slithering like snakes! Yoga is an excellent way to develop a stronger body/mind connection while developing strength, flexibility, balance, focus and coordination. Please bring a yoga mat, strap and block to class.

4 classes | *No class 4/9, 5/28 | \$90.00R/\$99.00N Cultural Arts Center | Instructor: Beth Fox

Code	Ages	Day	Date	Time
52996	10-13	М	3/5-4/16*	4:00-5:00pm
52997	10-13	М	4/2-4/30*	4:00-5:00pm
52998	10-13	М	5/7-6/4*	4:00-5:00pm

|SPORTS|

Club VIP Intro to Volleyball



Ages 8-11

Finally, a volleyball class geared for boys and girls between the ages of 8-11. The intent of this class is to work with interested players and teach them the basics of volleyball. They will be taught how to pass, set, serve, and spike in a fun atmosphere. Our hopes are to establish a great foundation that will excite them to continue playing volleyball in the future.

4 classes | \$55.00R/\$61.00N Pleasanton Middle School

*No class 5/28 | Instructor: Aditya Babu

Code	Day	Date	Time
52293	М	3/5-3/26	5:00-6:00pm
52294	М	4/2-4/30	5:00-6:00pm
52295	М	5/7-6/4*	5:00-6:00pm

Kidz Love Soccer

Ages 5-10

This is a great way to learn the skills for the game of soccer. This program offers a stress free approach to the game of soccer. Participants will learn from friendly staff through fun drills. All rainouts will be made up. No credits will be issued. Rain-out hotline: 1(888) 372-5803.

Pleasanton Sports Park | Instructor: Kidz Love Soccer Staff

Soccer 1

9 classes | *No class 5/26 | \$105.00R/\$116.00N

Code	Age	Day	Date	Time
52322	5-6	Tu	4/3-5/29	3:45-4:30pm
52323	5-6	F	4/6-6/1	3:30-4:15pm
52324	5-6	Sa	4/7-6/9*	10:40-11:25am

Skillz & Scrimmages

Participants will enjoy advanced skill building including dribbling, passing and shooting in a team play format. Each class will play games to build individual skills and small-sided scrimmages that emphasize the application of finer technical points. This is the perfect bridge from our Soccer 1 classes for those who are aspiring to go the next level. All levels of skill are welcome to learn and enjoy the world's most popular sport!

9 classes | *No class 5/26 | \$112.00R/\$123.00N

Code	Age	Day	Date	Time
52325	7-10	Tu	4/3-5/29	4:30-5:15pm
52326	7-10	F	4/6-6/1	4:20-5:05pm
52327	7-10	Sa	4/7-6/9*	11:30am-12:15pm



|THE ARTS|

10th Annual Youth Music Festival Performance

All Ages

Join us for another youth-driven Youth Music Festival! Enjoy an evening of young, talented performers. For tickets, go to www.FirehouseArts.org or call 925-931-4848.

\$8.00 advance | \$12.00 at the door

Firehouse Arts Center | Director: Mark Duncanson

Day	Date	Time
Sa	3/10	2:00pm

|THE ARTS|

Ceramics-Wheel Throwing

Ages 12-17

All levels welcome, no experience required. Class will cover basic throwing skills. A \$40.00 supply fee is due at the time of registration. This fee covers standard clay and glaze.

6 classes | \$132.00R/\$156.00N

Cultural Arts Center | Instructor: Erin Davis

Code	Day	Date	Time
52391	М	3/5-4/9	5:00-7:00pm

Young @ Art

Ages 5-11

Passion for Pastels

Kids, come and find your "Passion for Pastels"! Visit the pastel exhibit in the Harrington Gallery and then create pastel artwork of your own.

Off the ChArts! High School Art Exhibit

Come to see the superb talents of high school art students displayed in the Gallery! What inspires you? Then we'll work in the studio to create a project inspired by your observations.

1 class | \$15.00R/\$20.00N

Firehouse Arts Center, Classroom A | Instructor: Debbie Wardrope

Code	Class	Day	Date	Time
52695	Passion for Pastels	Th	3/29	4:30-5:45pm
52696	Off the ChArts!	Th	4/26	4:30-5:45pm

Beginning Guitar-Teens

Ages 12-16

This class is for beginners who've never played guitar before and previous students who want to advance their skills. Students will play popular tunes, get comfortable with the instrument and learn chords, tablature and notes. Students need to bring an acoustic or electric guitar without an amp. A \$5.00 supply fee is due at the time of registration.

8 classes | \$159.00R/\$175.00N

Regalia House | Instructor: Debra Knox

Phone: (925) 931-5340

Code	Day	Date	Time
52436	М	3/5-4/30	7:00-7:55pm
52437	М	5/14-7/9	7:00-7:55pm

FIREHOUSE TEEN IMPROV FESTIVAL Hosted by Creatures of Impulse April 16-21 Afternoon & Evening Improv Workshops — Weekend Improv Shows — All for Teens! Go to www.FirehouseArts.org tickets and more information on the workshops.

Civic Arts Stage Company Workshops:

These one-day, three-hour workshops are designed to help you learn new skills, explore different aspects of theatre arts, and prepare for upcoming productions.

1 class | Cultural Arts Center | \$40.00R/\$44.00N

Audition Workshop

Ages 6-adult

Practice cold reading from the script, learn to make big choices that get you noticed, discuss resumés and headshots plus audition etiquette.

Instructor: Rebecca J. Ennals or Paula Wujek

Theatre Workshop

Ages 11-adult

Take a chapter from a famous book and turn it into an ensemble piece of theatre, using only our bodies and voices. Get creative and stretch your play-making muscles!

Instructor: Civic Arts Stage Co. Staff

Shakespeare Workshop

Ages 7-adult

Get a taste of Shakespeare with this workshop. Learn to make Shakespeare's ornate and beautiful language come alive.

Instructor: John Ribovich

Code	Workshop	Day	Date	Time
52936	Audition	Sa	2/25	1:00-4:00pm
52693	Theatre	Sa	3/24	1:00-4:00pm
52694	Shakespeare	Sa	4/21	1:00-4:00pm

Jam Fest Teen Concert in the Park

Friday, May 25 • 7:00-8:30pm

FREE | Lions Wayside Park

Come and support local teen bands at this free event sponsored by the City of Pleasanton. If your teen band is interested in auditioning to play at JamFest, please submit web links to your band's web-based video to Mark Duncanson at mduncanson@ci.pleasanton.ca.us. to confirm receipt of your email, please follow your email up with a call to (925) 931-4828. Submissions can be emailed starting Wed., 2/22–Wed., 3/21; any submissions received before 2/22 and after 3/21 will not be considered. Selected bands will be notified no later than Fri., 4/11.

Friday Night Open Mic

Ages 13-18

Friday, March 23 • 7:30pm

Tickets: \$5.00 at the door for everyone!

Veterans Memorial Building

We welcome musicians, poets, actors and comedians to the stage at the last Open Mic Night of the school year! Performers must sign up 6:00-7:00pm on show night. Visit Ptown411.com and click "What's New" for open mic guidelines. Call Mark Duncanson, at (925) 931-4828, to get on the list to have your act featured.

"Tri-Valley High: The Musical"

Presented by Creatures of Impulse

"Creatures of Impulse's Tri Valley High: The Musical is a MUST SEE . . . it was honestly the best piece of theatre I've seen all year!" -Kenny Allen, Major League Improv

What's better than a Broadway Musical? A musical where the actors make up all the songs, stories and characters on the spot based on your suggestions! Join Creatures of Impulse for their second season of Tri-Valley High: The Musical. See what happens when Broadway, the average teen soap opera, and improv collide on stage at the Firehouse Arts Center. This is improv that will blow your mind!

For Tickets: www.FirehouseArts.org or call (925) 931-4848 3 shows | Student Tickets: \$5.00 advance/\$8.00 at the door General Admission: \$10.00 advance/\$15.00 at the door **Director: Mark Duncanson**

Day	Date	Time	
Th	5/17	7:30pm	
	- 4		

5/18 7:30pm Sa 5/19 7:30pm

|EXERCISE & WELLNESS|

Taekwon-Do For Teens & Adults

Ages 13-17

Taekwon do is a Korean style martial Art. The objective of the class is to promote health, fitness and fundamental self defense. The class will teach discipline, self control, self confidence and fitness. The class will be based on Martial Arts training of the hand and foot.

11 classes | \$165.00R/\$187.00N

Phone: (925) 931-5340

Jue's Taekwon-Do Studio | Instructor: Gordon Jue

Code	Day	Date	Time
52262	M	3/5-5/21	7:00-8:00pm

Brazilian Jiu-Jitsu for Teens

Ages 10-15

Jiu-Jitsu translates to "the gentle art" because it utilizes leverage and balance rather than force and strength. This class incorporates self defense techniques, ground work, and conditioning. This will help improve your child's coordination, strength and agility. This also includes a segment on dealing with bullying, developing discipline, respect, integrity and improving self confidence.

Crispim BJJ Barra Brothers | Instructor: Alexander DeAlmeida 14 classes | \$145.00R/\$160.00N

Code	Day	Date	Time
52963	Tu/ Th	3/6-4/19	4:45-5:30pm
52964	Tu/ Th	4/24-6/7	4:45-5:30pm

|SPORTS|

Club VIP Volleyball Classes

Ages 12-18

Pleasanton Middle School | Instructor: Aditya Babu

Intermediate Volleyball

This class is geared for boys and girls ages 12-18. The intent of this class is to fine-tune the basic volleyball techniques and to help build confidence for young athletes and will give them an opportunity to develop basic skills and know how to apply them in real scrimmaging situations. Our goal is to help each individual improve his or her skill level while also understanding the role of a volleyball player.

4 classes | *No class 5/28 | \$55.00R/\$61.00N

Code	Day	Date	Time	
52296	М	3/5-3/26	6:00-7:00pm	
52297	М	4/2-4/30	6:00-7:00pm	
52298	М	5/7-6/4*	6:00-7:00pm	

Sports Performance Training

This comprehensive Sports Performance Training Program will enhance athletic performance and reduce risk of injury. Our sports performance program will be structured for volleyball players to maximize their fullest athletic potential.

4 classes | *No class 5/28 | \$99.00R/\$109.00N

Code	Day	Date	Time	
52299	М	3/5-3/26	5:00-6:30pm	
52300	М	4/2-4/30	5:00-6:30pm	
52301	М	5/7-6/4*	5:00-6:30pm	





NATURAL-WORLD

Programs and activities listed in Natural World section are suitable for the entire family. Class content is most appropriate for participants between the ages of 5-12 years, unless otherwise specified. Registration is required for all programs. Children under the age of 7 must be accompanied by an adult during the entire class. Classes noted (Family Fun) are intended for the entire family and the parents are FREE.

|NATURE WONDER CLUB|

Quails!

Join the club as we investigate many fantastic wonders of our world. This session participants will learn about Quails. What's that funny thing on a quail's head? Why do they all walk in a line? These questions and more will be answered as we play games, do art projects and discover interesting fun facts.

Alviso Adobe Community Park | Instructor: Eric Nicholas, Naturalist

Insect Search

Join the club as we investigate many fantastic wonders of our world. This session participants will conduct an insect survey at the Alviso Adobe Community Park. We will discover what insects make their home there.

Alviso Adobe Community Park | Instructor: Eric Nicholas, Naturalist

Dragonflies

Join the club as we investigate many fantastic wonders of our world. Dragonflies are one of the oldest creatures on the earth. Come explore Bernal Creek to marvel at these hunters of both water and sky.

Bernal Community Park | Instructor: Eric Nicholas, Naturalist 1 class | \$3.00R/\$6.00N

Code	Course	Day	Date	Time
52671	Quails!	Sa	3/17	11:00am-Noon
52672	Insect Search	Sa	3/24	11:00am-Noon
52673	Dragonflies	Sa	5/26	10:00-11:30am

Opportunities Come out and lend a helping hand with a variety of on-going

Volunteer and Scouting Service

Come out and lend a helping hand with a variety of on-going projects and one time volunteer opportunities at the Alviso Adobe Community Park. For more information and to set a date for a service project or volunteer date and time, please contact Stephanie Carman at (925) 931-3479, alvisoadobe@ci.pleasanton.ca.us or visit Lend A Hand Tri-Valley at www.helplendahand.org.

Garden Chores

Be a steward of the land as we plant, water and weed the garden. Native plants help native animals find food and shelter, so stop by and sift the soil through your fingers. (year-round, ongoing)

For information and to set a date for a service project contact Eric Nicholas, Naturalist, (925) 931-3479, alvisoadobe@ci.pleasanton.ca.us

Adobe Community Park Tours

Phone: (925) 931-5340

Come find out what took place at the park site over the last several thousand years, and what's happening today.

Alviso Adobe Community Park \mid Instructor: Julie Kahrnoff, Naturalist Asst. 1 class \mid Free

Code	Day	Date	Time
52739	Su	3/4	2:30-3:30pm
52749	Su	3/11	2:30-3:30pm
52750	Su	3/18	2:30-3:30pm
52751	Su	3/25	2:30-3:30pm
52752	Su	4/1	2:30-3:30pm
52753	Su	4/15	2:30-3:30pm
52754	Su	4/22	2:30-3:30pm
52755	Su	4/29	2:30-3:30pm
52756	Su	5/6	2:30-3:30pm
52757	Su	5/13	2:30-3:30pm
52758	Su	5/20	2:30-3:30pm

|FAMILY FUN|

Spring Celebration!

Come and celebrate Spring at the Alviso Adobe Community Park. Participants will enjoy visiting stations throughout the park and activities that will include rabbits, coloring easter eggs, and an egg hunt.

Alviso Adobe Community Park | Instructor: Eric Nicholas, Naturalist and Megan Kummen | 1 class | \$20.00R/\$23.00N

Code	Course	Day	Date	Time
52677	Session 1	Sa	3/31	9:30-11:30am
52678	Session 2	Sa	3/31	12:30-2:30pm

5th Annual Ladybug Release

Visit Ladybugs and find out how they can help keep your garden healthy and safe. We'll release some at the Alviso Adobe Community Park and you'll take some home for your garden.

Alviso Adobe Community Park | Instructor: Eric Nicholas, Naturalist and Megan Kummen | 1 class | \$9.00R/\$12.00N

Code	Day	Date	Time
52679	Sa	4/14	2:00-3:00pm

Earth Day at the Alviso Adobe Garden

Come up to the park and lend a hand at the Alviso Adobe Garden! Soil will be amended, non-native plants will be removed and we will be giving the gardens a new spring boost!

Alviso Adobe Community Park | Instructor: Julie Kahrnott 1 classes | Free

Code	Course	Day	Date	Time
52686	Earth Day	Su	4/22	11:00am-2:00pm

Ice Cream Social

Using the time tested recipes and human energy; together we'll concoct a yummy ice cream the old fashioned way right here where it all started . . . the original location of the Meadowlark Dairy!

Alviso Adobe Community Park | Instructor: Megan Kummmer 1 classes | \$3.00R/\$6.00N

Code	Day	Date	Time
52685	Sa	5/12	12:30-1:30pm

The Legend of the Vaquero

Come and learn about the lore and traditions of the vaquero . . . learn about the early developments and what would become the true cowboy. We'll also have an opportunity to meet the other half of the vaquero, the horse. of course.

Alviso Adobe Community Park | Eric Nicholas, Naturalist 1 classes | \$5.00R/\$8.00N

Code	Day	Date	Time
52687	Sa	3/10	1:00-2:30pm

A-Tisket, A-Tasket, A Green and Yellow Basket

The Northern California Natives who inhabited this area before us were expert basket makers. Explore the many uses that these native cultures had for baskets, as well as how they made them and then you'll get a chance to create one of your own.

Alviso Adobe Community Park | Instructor: Megan Kummmer 1 classes | \$5.00R/\$7.00N

Code	Day	Date	Time
52683	Sa	4/28	1:00-2:00pm

Changing Climates

Ever wondererd about the Earth's climate system, weather and atmosphere? Come conduct hands on experiments to better understand the climate, the nature of change, human induced change, and the consequences of rapid change.

The Web of Life

From the tiniest shrimp to the biggest whale, all living things play roles in a food chain. Come play the web of life game as you learn no matter how unrelated organisms may seem, that they're in fact connected.

Kids in the Watershed!

Come scan stream banks for vegetation cover and analyze macro invertebrates. On this adventure, you will find out how to protect and keep



your local watershed clean! Be prepared for wet hands and feet!

Bernal Community Park | Instructor: Julie Kahrnoff 1 classes | \$5.00R/\$7.00N

Code	Course	Day	Date	Time
52680	Changing Climates	Su	3/18	11:00am-Noon
52681	The Web of Life	Su	4/15	11:00am-Noon
52682	Kids in Watershed!	Su	5/20	11:00am-1:00pm

Legend for Hike/Walk Exertion Level:

<u>Stroller Friendly (SF)</u>: These hikes are geared for families, trails accommodate strollers. Slow pace where naturalist interpretation is the main focus.

<u>Easy</u>: Relaxed hike with low exertion level. Hikes include walking short distances on level or paved terrain.

Moderate: A more active hike with sloping or uneven terrain, and/or climbing slopes. Plan on getting a workout at this exertion level.

<u>Active</u>: A strenuous and long-distance hike. Participants should be prepared to cross water, and be prepared to crawl and/or climb. Participants should be physically fit for this exertion level.

Please dress accordingly for the weather and bring a water bottle.

Walkabout with the Naturalist

Join our Naturalist on some wild "walks" around the hidden parks of Pleasanton. Do plan to get dirty on these treks and bring a water bottle and your sense of adventure.

Arrovo Del Valle

This hike is classified as Moderate. This is an active hike with sloping or uneven terrain, and/or climbing slopes. Plan on getting a workout at this exertion level.

The Preserve Staging Area

This is classified as an Active hike. A strenuous long distance hike. Participants should be prepared to cross water, crawl or climb. Participants should be physically fit for this hike.

Instructor: Eric Nicholas 1 classes | \$5.00R/\$7.00N

Code	Location	Day	Date	Time
52674	Arroyo Del Valle	Sa	3/17	4:30-6:00pm
52675	The Preserve	Sa	4/21	4:30-6:00pm

|THE ARTS|

Jewelry & Fashion Accessories Camp

Ages 6-12

Have a blast making your own jewelry and fashion accessories! Use real gemstones, crystal, glass, ribbon, wire, clay, wood and MORE! Play super fun games too! Spring has never been hotter! Join the FUN! Materials included. No previous experience required. Make this a Spring Break to remember!

Nature House | Instructor: Mawiyah Johnson

5 classes | \$150.00R/\$165.00N

Code	Day	Date	Time
52439	M-F	4/9-4/13	9:00am-Noon

|SPECIAL INTEREST|

Spring Break Extravaganza

Ages 6-13

Get prepared for things that ooze and bubble. Spectacular dry ice experiments teach you about frozen CO₂. Explore polymers and make green slime. Learn about fluorescence with glow-in-the-dark experiments. Write mysterious messages with goldenrod paper and many more experiments.

Regalia House | Instructor: Vidya Pillai 1 classes | \$76.00R/\$84.00N

Code	Course	Day	Date	Time
52400	Spring Break	М	4/6	9:00am-1:00pm

|NATURAL WORLD|

Spring Striders Nature Day Camp

Kindergarten-5th Grades

Come and enjoy Nature Camp! Each camp will provide hands on experience and opportunity to learn about the natural world. Camps will present crafts, skills, games and plenty of outdoor adventure! Join the Naturalist and staff for a



week of fun, games and adventure that you will never forget! Enjoy the fresh air, spring flowers, and ever facinating exploratory treks waiting for you!

Alviso Adobe Community Park | Instructor: Natural World Staff 5 classes | \$188.00R/\$207.00N

Phone: (925) 931-5340

Code	Course	Day	Date	Time
52690	Spring Striders	M-F	4/9-4/13	9:00am-3:00pm

See the 2012 Summer Camp insert in the center of this Guide for summer camp options for kids of all ages!

|SPORTS|

FUNdamentals Basketball Spring Break Scoring Camp

Grades 3-9

For boys and girls in grades 3-9, this program's goals include having fun and learning offensive skills for the game of basketball. Emphasis is on skill development and encouraging growth in the skill set learned in the fundamental camp. All grades will be exposed to an advanced skill program focusing on an improvement on scoring from a variety of options on the court. The skill emphasis will be on scoring 1-on-1 play and scoring in a team setting. Participants will receive a t-shirt. Participants should register for grade in current grade. Wear athletic clothing and athletic shoes.

PUSD Athletic Fields | Instructor: Ralph Fields 4 classes | \$175.00R/\$193.00N

Code	Day	Date	Time
52220	M-Th	4/9-4/12	8:30am-12:30pm

Club VIP Volleyball Camp

Club V.I.P. Volleyball Camps has been well known for its Complete Skills Camp, which is four days of intensive work on all phases of volleyball. Not only are group drills stressed, but also much time is spent on individual work, both with the coaches and the director. Over the past 14 years, we have designed and refined our program until we are convinced that we have the best program available to help each player develop their talent to the fullest. We strive to enhance participant's skills.

Intro

This camp was created for volleyball players. This camp is designed to establish fundamental skills. The drills will introduce players to setting, spiking, hitting, and serving. In this camp, players are encouraged to ask questions. It is our hope that the camp will spark an interest in volleyball. This is an excellent camp for players of all levels; players are grouped and/or coached by age and experience. The camp will devote a different skill for each day and finish up with competition play that will be age appropriate. It is our hope that the camp will increase your love for volleyball. Each participant will receive a Club V.I.P. t-shirt.

Intermediate

Club V.I.P. volleyball camps are open to players of all ability levels. Here you'll master the fundamentals, develop proper mechanics and gain game play experience. Every aspect of the game is covered throughout our volleyball camps, giving you a solid skill foundation to build upon after camp. We welcome all players from beginners to highly competitive tournament players.

Harvest Park Middle School | Instructor: Aditya Babu 4 classes | \$120.00R/\$132.00N

Code	Course	Day	Date	Time
52302	Intro	M-Th	4/9-4/12	12:00-3:00pm
52303	Intermediate	M-Th	4/9-4/12	12:00-3:00pm



Registration Form-Spring 2012

Instructions: To register, put an "X" in the Register Me! Box next to the Activity on the next page, then add up all the fee amounts for a Total Fee. Write a check to the "City of Pleasanton" or pay by VISA or MASTERCARD for the Total Fee Amount. You will receive a receipt in the mail confirming that you have been registered for the activities you selected.

- Preregistration is required for all activities—"drop-ins" are not allowed.
- If you cannot pay all of the activity fees at one time, please contact the RADD Office at 931-5373 to discuss a payment plan.
- Scholarship funds may be available if you need assistance in paying activity fees. Contact the RADD Office at 931-5373.

Mail Registration Form to: RADD, P.O. Box 520, Pleasanton, CA 94566 Fax Registration Form to: (925) 485-3685

Exertion Level-Scale of 1 to 10

1=low, i.e. walking 1 block

5=moderate, i.e. walking 3 blocks **10**=high, i.e. walking 8 or more blocks

Activities listed on the next page

D.D. Registration Form

Please include both pages!	Total Fee Amount \$			
Name of Person Responsible for th	ne Account		Address	
City	Zip	Phone (home)	Phone (business)	
Credit Card #		VISA / MASTERCARD I	Expiration Date Amount \$	
Signature		Check #:	Amount \$	

Waiver, Release and Assumption of Risk: The City of Pleasanton is sponsoring the activities listed above. My (my child's) participation in these activities is voluntary. I am (My child is) physically fit to participate in these activities. I understand that these activities involve risks and that serious injuries could occur while I am (my child is) participating in these activities. In addition, if transportation is provided to the activity, serious injuries could occur. Knowing these risks, I want (my child) to participate in these activities.

I (on behalf of my child) hereby assume the risk, and hereby waive, release and discharge the City of Pleasanton, its Council, officials, employees, agents and sponsors and promoters of these activities, for any and all claims for damages for personal injuries, or claims for damages to property, which I (my child) or my (child's) heirs, assigns, executors or administrators may have or which may accrue to me (my child), arising out of my (child's) participation in these activities, including transportation to and from the activity. I have read the above and understand that important legal rights are being waived. I also consent to the City's use in its brochures and department flyers of any photographs that are taken of me (my child) while participating in these activities.

Date	Name of Participant	
Signature required	Mail Registration Form to: RADD, P.O. Box 520, Pleasanton, CA	94560

R.A.D.D. Spring 2012 Activities Form

Ī	_evel	Code	Activity	Date/Time/Notes	Meeting Location	Fee
	□ 2	52408	Casino and Mocktail Party	F, 3/2, 7:00-10:00pm. Includes bingo, games, mocktails, and light snack.	Pleasanton Senior Center, 5353 Sunol Blvd., Pleasanton	\$16.00
	□ 10	52409	Oakland Zoo	Sa, 3/10, 10:00am-3:00pm. Includes bus, lunch, and ticket to Zoo.	Pleasanton Senior Center, 5353 Sunol Blvd., Pleasanton	\$25.00
	□ 4	52410	Dessert and a Musical	F, 3/16, 6:00-10:30pm. Includes dessert at Senior Center and ticket to the high school musical Grease.	Pleasanton Senior Center, 5353 Sunol Blvd., Pleasanton	\$16.00
	□ 7	52411	Breakfast Club	Sa, 3/24, 8:30-10:30am. Includes entree, beverage, tip and tax. Bring money for Farmer's Market.	Rising Loafer, 428 Main St., Pleasanton	\$16.00
	□ 1	52412	Dinner and Magic	F, 3/30, 6:00-9:00pm. Includes dinner, beverages, tip, tax and a magic show.	Pleasanton Senior Center, 5353 Sunol Blvd., Pleasanton	\$20.00
	□ 4	4 52413 Dining Out F, 4/13, 6:30-8:30pm. Includes entree, beverage, tip and tax.		Eddie Papas, 4889 Hopyard Rd., Pleasanton	\$26.00	
Ī	1 11 52414		Pleasanton Library, 400 Old Bernal Ave., Pleasanton	FREE		
	□ 7	52415	Breakfast Club	Sa, 4/21, 8:30-10:30am. Includes entree, beverage, tip and tax. Bring money for Farmer's Market.	Vic's All Star Kitchen, 201 Main St., Pleasanton	\$16.00
	□ 1	52416	Karaoke Night	F, 4/27, 7:00-9:00pm. Includes beverages, desserts and karaoke.	Pleasanton Senior Center, 5353 Sunol Blvd., Pleasanton	\$16.00
	□ 10	52418	Cinco de Mayo Dance	F, 5/4, 7:00-10:00pm. Includes DJ, dancing, and a light snack.	Veteran's Memorial Building, 301 Main St., Pleasanton	\$16.00
	□ 10	52419	Superfranks	Sa, 5/12, 12:00-3:30pm. Includes pizza, drinks, and private gym time.	Superfranks, 5341 Owens Ct., Pleasanton	\$25.00
	□ 4	52420	Brunch and a Movie	Sa, 5/19, 10:00am-2:00pm Includes brunch, tax, tip, and movie.	Mimi's Cafe, 4775 Hacienda Dr., Dublin	\$35.00







|THE ARTS|

Ceramics-Wheel Throwing

Ages 18 & up

All levels welcome, no experience required. Class will cover basic throwing skills. A \$40.00 supply fee is due at the time of registration. This fee covers standard clay and glaze.

6 classes | \$132.00R/\$156.00N

Cultural Arts Center | Instructor: Erin Davis

Code	Day	Date	Time
52390	М	3/5-4/9	11:00am-1:00pm
52389	М	3/5-4/9	7:30-9:30pm

|SPECIAL INTEREST|

Bridge

All Ages

Learn the wonderful mind stimulating game of bridge with Life-Master teacher, Audrey Rennels. Exercise your mind and have fun.

Beginning Bridge I

Beginning bridge classes. Play while learning the fun and exciting game of bridge with Life-Master teacher, Audrey Rennels. Meet new people with this mind stimulating game proven to help keep your brain cells young. Printed hand-outs of concepts learned provided after each lesson.

8 classes | \$50.00R/\$55.00N

Pleasanton Senior Center | Instructor: Audrey Rennels

Code	Day	Date	Time
52904	Th	3/1-4/19	6:30-8:30pm

Play While You Learn

Pre-dealt hands with analysis to reinforce basic Bridge concepts and to gain experience. Also suitable for bridge players that need a refresher course on bridge basics and new techniques. You are never too young or too old to learn the wonderful game of bridge.

6 classes | \$40.00R/\$44.00N

Pleasanton Senior Center | Instructor: Audrey Rennels

Code	Day	Date	Time
52905	Th	3/1-4/5	6:30-8:30pm

NEW Rock 101 Rock Climbing

Ages 18 & up

Rock 101 is for beginning adult climbers looking to be active. Learn from experienced instructors and learn how to tie knots, utilize equipment and move your body properly. The first two classes are an hour each to get in the swing of things and the last two classes are two hours to get the full experience.

4 classes | \$90.00R/\$99.00N

Valley Rock Climbing | Instructor: Zack Silva

Code	Day	Date	Time
52956	Tu	3/6-3/27	7:00-8:00pm; 7:00-9:00pm
52957	Tu	4/3-4/24	7:00-8:00pm; 7:00-9:00pm
52958	Tu	5/8-5/29	7:00-8:00pm; 7:00-9:00pm

|EXERCISE & WELLNESS|

NEW! Fight Shape-Kickboxing

Ages 18 & up

Fight Shape is a high energy and fun workout, combining intense cardio with multiple styles of martial arts. It includes training in Muay Thai, Boxing, Kickboxing and focuses on learning real martial arts while having fun sculpting your body. This class uses a combination of heavy bags, pads, and mitts.

Crispim BJJ Barra Brothers | Instructor: Jeremiah Ladiano 12 classes | \$99.00R/\$109.00N

Code	Day	Date	Time	
52971	Tu/ Th	3/6-4/12	6:15-7:15pm	
52972	Tu/ Th	4/17-5/24	6:15-7:15pm	

18 classes | \$119.00R/\$131.00N

Code	Day	Date	Time	
52969	M/W/F	3/5-4/13	12:00-1:00pm	
52970	M/ W/ F	4/16-5/25	12:00-1:00pm	

Half Marathon Training

Ages 18 & up

Ready to run your first half-marathon? This class is for you! Benefit from the group experience in training for the first annual Pleasanton Half Marathon on April 29. The only requirement is you are able to run 3miles. We will meet 2 days each week and will run both days, in addition to learning everything about how to successfully cross the finish line!

16 classes | \$120.00R/\$132.00N

Nature House | Instructor: Patricia LaSalle

Code	Day	Date	Time
52550	M/ Th	3/5-4/26	6:30-7:30pm

Tai Chi-Beginner & Intermediate

All Ages

Tai Chi reminds the outside observer of the calm, rhythmic flow of a river appearing distant while at the same time focused and attentive and masks a capacity for enormous power. Tai Chi is a martial art where each movement has a purpose and is described as "moving meditation." Forms are performed slowly, softly and gracefully with smooth and even transitions.

Pleasanton Senior Center | Instructor: Howard Wang 10 classes | \$90.00R/\$99.00N

Code	Level	Day	Date	Time
52355	Beginner	Th	3/1-5/10	7:30-9:00pm

9 classes | \$90.00R/\$99.00N

Code	Level	Day	Date	Time
52356	Intermediate	Tu	3/6-5/15	7:30-9:00pm

Yoga

Ages 18 & up

Yoga creates a calm, clear mind while building strength, flexibility, balance and coordination. Therapeutic yoga promotes healing that relieves stress and fatigue, and assists in recovering from injury and illness. It releases stiffness, rejuvenates muscles and lubricates joints. It creates stillness of mind and body and allows relaxation. Please bring a thick blanket and a sticky mat to class.

8 classes | \$120.00R/\$132.00N

Century House | *No class 4/8 | Instructor: Lorey Wallace

Code	Course	Day	Date	Time
52545	Therapeutic Yoga	М	3/5-4/23*	6:00-7:15pm
52544	Yoga & Meditation	М	3/5-4/23*	7:30-8:45pm

Zumba® for Adults and Teens

Ages 12 & up

Zumba is the Latin-inspired, easy-to-follow, calorie-burning, dance fitness-party TM . A high energy workout that combines Latin rhythms and easy-to-follow steps to create a unique exercise experience. No prior Zumba or dance experience is necessary. Come join the party!

6 classes | *No class 4/15 | \$66.00R/\$77.00N Veterans Memorial Building | Instructor: Diana Robinson

Phone: (925) 931-5340

Code	Day	Date	Time	
52547	Th	3/8-4/19*	6:30-7:30pm	
52549	Tu	4/24-5/29	6:30-7:30pm	
52548	Th	5/3-6/7	6:30-7:30pm	

Hula Hoop-Adults

Ages 18 & up

Each class begins with a stretch followed by a how-to, where exciting moves are introduced while engaging major muscle groups for a full body workout and then end with a cool down. Moves are mixed up to ensure class does not become overwhelming while including enough intensity for those looking to really burn some extra calories. Half of the classroom will be lit with regular lighting while the other half will be enhanced with a black light for those looking to use



UV, glow in the dark and fluorescent hoops for further visual stimulation. Lighting is subtle to ensure everyone is comfortable. Should you not own a good quality hoop, one will be provided to you for class use only.

Beginner

No hula hooping skills required. Perfect for those with little to no hooping knowledge and looking to experience the many mental and physical benefits hula hooping provides, such as a whole body workout engaging major muscle groups while burning 300-600 calories per hour. Participants learn the basic fundamentals of hooping while having a blast. Class will cover hooping on the waist, hips, off body (use of hands) and moving around (walking & turning).

Level II

Waist hooping skills required. Perfect for hoopers with a bit of experience and looking to expand their hooping knowledge while getting a fantastic workout. Participants will learn the intermediate fundamentals of hooping all over their body while moving around along with various fun jumps with the hoop.

4 classes | *No class 4/18 | \$55.00R/\$61.00N Pleasanton Senior Center | Instructor: Michele Balch-Ferreri

Code	Level	Day	Date	Time
52909	Beginner	М	3/5-3/26	7:45-8:45pm
52906	Level II	W	3/7-3/28	7:45-8:45pm
52910	Beginner	М	4/2-4/23	7:45-8:45pm
52907	Level II	W*	4/4-5/2	7:45-8:45pm
52911	Beginner	М	4/30-5/21	7:45-8:45pm
52908	Level II	W	5/9-5/30	7:45-8:45pm

See page 25 for additional Yoga classes

Exercitement Fitness

Ages 13 and up

Pleasanton Senior Center | Instructor: Terri Gonzalez

For questions regarding class content and equipment, please contact the instructor at (925) 462-6552 or email at thgexrct@aol.com.

Aerobics

Exercise can be fun! An hour of combined cardio, strength and flexibility training. The workout is designed to burn calories, improve cardiovascular endurance and strengthen muscles. Class will end with a relaxing stretch guaranteed to calm the body and mind. This class is designed for all levels of fitness (male and female). Please bring a mat and 1-10 lb weights.

Pleasanton Senior Center | Instructor: Terri Gonzalez 4 classes | \$24.00R/\$27.00N

Code	Day	Date	Time	
52269	М	3/5-3/26	6:30-7:30pm	
5 classes \$3	30.00R/\$33.0	ON		
Code	Day	Date	Time	
52271	М	4/2-4/30	6:30-7:30pm	
3 classes \$1	8.00R/\$21.00	N		
Code	Day	Date	Time	
52270	М	5/7-5/21	6:30-7:30pm	

Strength Training & Conditioning

Get toned and strong! This class is designed to condition and strengthen major muscle groups in both the upper and lower body. Terri will guide you through a total body workout (no cardio), using resistance tubes, body balls and free weights. Class ends with a relaxing stretch. This class is designed for all levels of fitness. Please bring a mat and 1-10 lb weights; instructor will provide other resistance equipment.

Pleasanton Senior Center | Instructor: Terri Gonzalez 5 classes | \$30.00R/\$33.00N

Code	Day	Date	Time	
52277	Th	3/1-3/29	6:15-7:15pm	
52279	Th	5/3-5/31	6:15-7:15pm	
4 classes \$2	24.00R/\$27.00	ON		
Code	Day	Date	Time	
52278	Th	4/5-4/26	6:15-7:15pm	



Cardio Blast Cross Training

Variety is the spice of life! This hour-long class varies from each week, incorporating a different Cardio/Strength format. Class will include, but not be limited to: 20/20/20 (20 min. each of Cardio, Strength and Flexibility), Interval Training, Interval/Pilates, Cardio Boxing/Strength, and Butts & Guts (Core Training within a Cardio format). This class is effectively designed for all fitness levels. Please bring a mat and 1-10 lb weights.

Pleasanton Senior Center | Instructor: Terri Gonzalez 4 classes | \$24.00R/\$27.00N

Code	Day	Date	Time	
52274	W	3/7-3/28	6:30-7:30pm	
52275	W	4/4-4/25	6:30-7:30pm	
5 classes \$3	30.00R/\$33.0	ON		
Code	Day	Date	Time	
52276	W	5/2-5/30	6:30-7:30pm	

Get on the Ball!

The keys to a great posture and a healthy back are good balance and a strong core. This 6-week progressive class assists in strengthening the core muscles using a variety of techniques on the popular Stability Ball. Terri will guide participants through a mixture of exercises designed to train from shoulders to abdominals. This class is effectively designed for all levels of fitness. Please bring a ball, mat and light weights.

Pleasanton Senior Center | Instructor: Terri Gonzalez 6 classes | \$48.00R/\$53.00N

Code	Day	Date	Time
52273	Tu	5/1-6/5	6:15-7:15pm

Getting to the Core: Pilates/ Yoga Fusion

A unique blend of basic Mat Pilates, Core Conditioning and fundamental Yoga principals to achieve strength, balance and flexibility through this 6-week progressive series. Breathing and stretching techniques will be incorporated to relax and rejuvenate the body and mind. This class is effectively designed for all levels of fitness (both male and female). Class may be practiced in bare feet, but a mat is required for everyone.

Pleasanton Senior Center | Instructor: Terri Gonzalez 6 classes | \$48.00R/\$53.00N

Code	Day	Date	Time
52272	Tu	3/6-4/10	6:15-7:15pm

|SPORTS|

Open Gym Programs

18 years and up

Join us for exercise and fun in our recreational open gym program. All open gym times are subject to change. Punch passes can be purchased at http://online.activecommunities.com/pleasanton or in person at the Community Services Department. To obtain your Pass at the gym, print your online registration receipt and present it to the Gym Monitor. Punch Passes are valid for 15 Open Gym Sessions and have no expiration date. Single day admission passes must be purchased in advance at the Community Services Department office. No cash or checks will be accepted at the gyms. All skill levels welcome.

For more information please contact Daniel Villasenor at 931-3437.

Harvest Park Middle School, 4900 Valley Avenue HMS Hart Middle School, 4433 Willow Road

PMS Pleasanton Middle School, 5001 Case Avenue

Adult Basketball

Open Gym Basketball is for residents only.* Participants must provide I.D. and proof of residency each visit.

Fees:	Single	Punch Pass (15)
Resident	\$3.25	\$45.00
Non-Resident:	\$4.00	\$56.00

Day	Time	Location
Sa	6:00-8:00am	HP
М	8:00-10:00pm	HMS*
W	8:00-10:00pm	HMS*

^{*}Trial period for Mon. and Wed. open gym basketball ONLY. We will be accepting non-resident participants for these days through May 2012.

Adult Basketball League

Looking to play some hoop? The Pleasanton Adult Basketball program offers competitive league programs for all levels. Sign up to play in one of our Basketball Leagues that play at the Pleasanton Middle Schools on Wednesday and Thursday evenings. The program has three different divisions of play, making it suitable for all levels. In order to qualify as a resident team, 75% of your team members must be residents of Pleasanton. Team registration information is available now at the Sports Park, Sports Office, 5800 Parkside Drive or online at http://online.activecommunities.com/pleasanton. For more information, please call Daniel Villasenor at 931-3437. League fees and rosters are due at time of registration.

8 games | \$520.00 Resident team fee | \$550.00 Non-Resident team fee Locations: Pleasanton Middle School Gym-Wednesdays Thomas Hart Middle School Gym-Thursdays

No games on 4/11 | Registration Deadline: 3/22/12

Code **Division** Dav Date **Time** 7:00-10:00pm 52500 Beginner 3/28-5/23 52499 Intermediate W 3/28-5/23 7:00-10:00pm 52498 Advanced 3/29-5/24 7:00-10:00pm

Adult Volleyball League

Join us for plenty of fun and exercise in the Adult Coed Volleyball League. In order to qualify as a resident team, 75% of vour team members must be Pleasanton residents. Team registration information is available now at the Sports Park, Sports



Office, 5800 Parkside Drive or online at http://online.activecommunities.com/ pleasanton. For more information, please call Daniel Villasenor at 931-3437. League fees and rosters are due at time of registration.

8 games | \$320.00 Resident team fee | \$350.00 Non-Resident team fee Location: Pleasanton Middle School Gym

No games 4/9, 5/28 | Registration Deadline: 3/27/12

Code	Division	Day	Date	Time
52581	Novice	М	4/2-6/4*	7:00-10:00pm
52582	Intermediate	М	4/2-6/4*	7:00-10:00pm
52583	Advanced	М	4/2-6/4*	7:00-10:00pm

Adult Volleyball Drop-In

Punch Pass (15) Fees: Single Resident \$4.75 \$67.50 Non-resident \$5.75 \$82.50

Day	Time	Location	
Su	6:00-9:00pm	PMS	

Adult Bocce League

Join us for some outdoor fun. Coed leagues will be offered. For more information, please call Dan Villasenor at 931-3437. In order to qualify as a resident team, 75% of your team members must be residents of Pleasanton. League fees and rosters are due at time of registration.

8 weeks | \$99.00 Resident team fee | \$115.00 Non-Resident team fee **Centennial Community Park**

Registration Deadline: 4/10/12

Code	Division	Day	Date	Time
52604	Beginner	W	4/18-6/13	6:15-9:45pm
52605	Advanced	Tu	4/17-6/12	6:15-9:45pm

Weather Line

For information regarding playing conditions, please visit www.pleasantonsports.org or call (925)-931-5360.

Sports Staff

Daniel Villasenor (925) 931-3437 Joelle Goodman (925) 931-3480 Sports Complex Fax (925) 931-3438

dvillasenor@ci.pleasanton.ca.us jgoodman@ci.pleasanton.ca.us



the Alviso Adobe Community Park!

Registration will be accepted Wednesday-Friday, 10:00am-4:00pm; Saturday and Sunday as staffing allows.



3465 Old Foothill Road, Pleasanton Park Hours: Dawn to Dusk Facility Hours: Wed.-Sun. 10:00am-4:00pm

Facility will be closed on April 8 and May 27, 2012.

Gentle Yoga Basics

Ages 16 and up

This yoga basics class is suitable for those desiring a combination of gentle yoga stretches, relaxation and restful poses. You will also be able to learn poses that you can practice with ease on your own. Learning a basic yoga practice can help to reduce stress and keeps one feeling centered, grounded and present. Be ready to learn simple standing poses, correct alignment and hands-on instruction from your instructor, Beth Fox, to help you with correct form. Please bring a yoga mat, bolster, strap and block with you to class.

Cultural Arts Center | Instructor: Beth Fox 4 classes | *No class 4/16, 5/25 | \$68.00R/\$75.00N

Code	Day	Date	Time
52993	F	3/9-3/30	9:00-10:15am
52994	F	4/6-4/27*	9:00-10:15am
52995	F	5/4-5/25*	9:00-10:15am



HARRINGTON GALLERY

Spring Events



"Passion for Pastels"

March 14 to April 14, 2012 Reception Wednesday, March 14, 6:30 to 8:30pm Works by outstanding Bay Area pastel artists Linda Beach, Ruth Hussey, Mark Mertens, Pat Suggs, and Debbie Wardrope.

Also Coming in Spring:

Extreme talent will be on view in the Harrington Gallery during our High School Art Exhibit, Combining talents from serious upper level art students hailing from Amador, Foothill, and Village High Schools, curated by AP Art Instructors. Visit the Harrington Art Gallery for dates and details.

HARRINGTON GALLERY HOURS: Wednesday-Friday 12:00-5:00pm, Saturday 11:00am-3:00pm. Open one hour before theater performances and during Intermission. Website: www.firehousearts.org

Pleasanton Senior Center

5353 Sunol Boulevard • 931-5365

Monday-Friday, 8:30am-4:30pm

Office/Information.... 8:30am to 4:30pm

Paratransit....... 9:00am to 3:00pm

Senior Meals 9:30am to 1:30pm

Senior Support..... 8:30am to 4:00pm

VIP Senior Club & Travel

Desk, M-Th 10:00am to 2:00pm

Peddler Shoppe 10:00am to 4:00pm

931-5370

RADD..... 8:30am to 4:00pm

931-5373

Senior Meals • 931-5385

Lunch at the Snappy Café

Sponsored by Spectrum Community Services

- Seniors or disabled adults regardless of income
- M-F, Noon
- \$3.25 donation; guests under 60, \$5.00

Call 931-5385 by 1:00pm, one day ahead

Dinner at Ridgeview Commons

5200 Case Avenue

Sponsored by Open Heart Kitchen

For additional information, call 484-5131 by 1:00pm one day ahead

Meals on Wheels

Sponsored by Spectrum Community Services

- For any adult, 60 and older, unable to shop or cook
- Nutritious, hot meals can be delivered M-F
- Frozen meals delivered, if needed, for weekends
- Special diets available
- \$3.25 donation

Call 931-5385 10:00am-1:00pm for more information.

Monthly Calendar

Drop by the Senior Center to obtain your copy of the Monthly Calendar which details services, activities, special events, and classes at the Center; or simply visit our web site at www.pleasantonseniorcenter.org.

Monthly Services

Refer to the Monthly Calendar for details:

- Caregiver Support Group
- Dental Consultations (off site)
- Foot Care/Health Screening (Senior Support)
- Medicare & HMO Counseling (HICAP)
- Parkinson's Support Group
- Notary Public
- Legal Assistance for Seniors (LAS)
- Eye Glass Adjustments
- Estate Planning Counseling (with Estate Planning lawyer)

Wiesner Senior Fund

Emergency one-time grants or loans, in nominal amounts, are available for adults aged 60 or older who are in immediate need of assistance. Applications for this valley-wide, non-profit emergency fund are available at the Senior Support Program. All requests and information are confidential. Call 931-5379 for information.



Support Groups Offered at the Senior Center

Caregiver's Support Groups

Open to all caregivers responsible for care of persons with Alzheimer's, dementia and other related illnesses. Meets in the Sun Room in the Senior Support office, second Monday of each month from 1:00-3:00pm. Please contact facilitator at 931-5379. Co-sponsored by the Senior Support Program of the Tri-Valley and the Alzheimer's Association.

Parkinson's Support Group

Offered on the second Saturday of each month, 10:00am-Noon at the Pleasanton Senior Center (Senior Support Area). Call 831-9940 for more information. Those with Parkinson's disease and their families are welcome to attend. Co-sponsored by the Parkinson's Network of Mt. Diablo.



Senior Support Program of the Tri-Valley

Senior Support provides a variety of services to assist seniors in maintaining their health and independence. Services to those 60 and older, living in Pleasanton, Livermore, Dublin and Sunol, include: case management; an in-home registry; in-home counseling; health screening and friendly visiting. The staff can be reached at 931-5379.

Computer Tutors at the Senior Center

Struggling with your PC? Can't figure out the Internet, or just having challenges understanding your latest software? One-on-one volunteer tutors are available to help! For a one hour appointment, please call 931-5365.

One-hour session | \$1.75R/\$2.25N

Pleasanton Paratransit Transportation Service 931-5376

For persons 60+ years of age and ADA-qualified persons ages 18 and above.

- Registration is required.
- Reservations can be made weekdays 9:00am-3:00pm, from 3 to 14 days in advance.

Transportation Hours

M-F, 8:00am-5:00pm Sa, 9:00am-4:00pm

Downtown Route

The Downtown Route (DTR)*, a service of Pleasanton Paratransit Service, is a same-day fixed route transit service that operates throughout Pleasanton. This service connects senior housing complexes to the downtown area and other popular senior



*Partially funded by Measure B Funds, Alameda County Transportation Commission.

destinations, including ValleyCare Medical Center, Safeway, Kaiser and Stoneridge Mall. At an affordable \$1.50 for the whole day, it's a great transportation value. Tickets are available at the Senior Center.

For more information, call 931-5376.

Operates Mondays, Tuesdays, Thursdays, Fridays, and Sundays, 8:00am-4:00pm Fare: \$1.50

WHEELS Transit Counselor

City of Pleasanton Travel Ambassadors are available by appointment to assist clients interested in learning about transportation options including WHEELS, BART, Pleasanton Paratransit and Downtown Route.

To make an appointment, please call 931-5365

Pleasanton Senior Center Spring 2012 Weekly Schedule

Mondays	9:00am-Noon	Drop-In Bocce\$
	9:00am-Noon	Drop-In Woodshop\$
	9:30-11:30am	Quilting Group\$
	1:00-3:00pm	Bingo (1st, 3rd & 5th Mondays)\$
	1:00pm	Movie Madness (1st, 3rd & 5th Mondays)
Tuesdays	9:00am-4:00pm	Woodcarvers\$
	9:00-10:00am	ZUMBA® Gold*
	10:15-11:15am	Fit for Fifty Plus*
	11:45am-1:00pm	Tai Chi (Beginning)*
	12:45-3:45pm	Drop-In Cards, Poker\$
	1:00-4:30pm	American Style Mah Jong\$
	1:10-2:30pm	Tai Chi (Intermediate)*
Wednesdays	9:00-10:00am	Fall Prevention Exercise†
	9:00am-Noon	Drop-In Bocce\$
	9:00am-Noon	Drop-In Woodshop\$
	10:00am-Noon	Arts & Crafts Social Club
	1:00-3:00pm	Bingo\$
	1:00-3:00pm	Book Club\$
Thursdays	9:00am-Noon	Drop-In Woodshop\$
	10:00am-Noon	Senior Players (No drop-in fee)
	10:00-11:15am	Yoga (Intermediate)*
	12:45-3:45pm	Drop-In Cards, Poker\$
	1:00-4:30pm	Contract Bridge (reservation required)\$
Fridays	9:00-10:00am	ZUMBA® Gold*
	9:00am-Noon	Drop-In Bocce\$
	9:00am-Noon	Drop-In Woodshop\$
	9:30-11:30am	Knitting\$
	10:00-11:30am	Brain Matters\$ (1st & 3rd Fridays)
	10:15-11:15am	Fit for Fifty Plus*
	1:00-3:00pm	Bingo\$
	1:00-4:00pm	American Style Mah Jong\$
	1:30-2:45pm	Line Dance (Beginning)*
Weekdays	8:00am-5:30pm	Paratransit Service
Weekdays		



Follow the City of Pleasanton and get status updates on Twitter http://twitter.com/pleasantonca



Activity Program Notes: Pleasanton VIP Senior Club

Open to mature adults, 50 years of age and older 2nd & 4th Mondays | 11:00am-1:00pm

Coffee & Conversation with the Experts

2nd Tuesdays 10:30-11:30am

PC Users Group\$ 4th Thursdays 10:00am-Noon

Newcomers Welcome

2nd Wednesdays 10:30am-Noon

Photo Club\$

2nd Wednesdays 1:30-3:30pm

Education and Enrichment Activities Key

 Sponsored by the City of Pleasanton:

Day, evening & weekend classes of interest to mature adults are listed throughout this Guide. Registration must be completed by the second class meeting. New opportunities begin quarterly.

* Sponsored by Amador Adult Education:

> Ongoing, classes are offered at the Center. New classes begin fall, winter, spring and summer. Join anytime for most classes. Call (925) 426-4280 for more information.

- \$ Drop-In Fees Apply: \$1.75R/\$2.25N (except Woodshop)
- † Sponsored by the Senior Support Program of the Tri-Valley

|ENRICHMENT|

Wooden Pen Turning Class

Ages 18 and up

A fun and easy introduction to using a wood lathe. The techniques are easy to learn and each pen you create is unique and beautiful. In this class you will learn how to turn pens, finish the wood, and assemble the pen. Your hand-crafted pen will be a great gift for anyone.

1 class | \$50.00R/\$55.00N

Pleasanton Senior Center | Instructor: Larry Snyder

Code	Day	Date	Time
52492	Th	3/8	8:30am-4:30pm
52493	Th	4/12	8:30am-4:30pm
52494	Th	5/10	8:30am-4:30pm

|EXERCISE & WELLNESS|

Beginning Line Dance

Come join this fun, beginner line dance class, where you can unwind, meet new friends, and exercise! You will learn all the basic steps for each line dance. Steps are taught slowly and easily and dances will be repeated until you feel comfortable. No partner necessary.

8 classes | \$32.00R/\$35.00N

Pleasanton Senior Center | Instructor: Sue Kraft

Code	Day	Date	Time
52431	F	4/6-5/25	1:30-2:45pm

Intermediate Line Dance

Learn classic Country Line Dancing as well as all the new line dances while having a great time. Each dance is repeated until everyone is comfortable and ready to move on to a new dance. Previously learned dances will also be reviewed and practiced at each class.

8 classes | \$32.00R/\$35.00N

Pleasanton Senior Center | Instructor: Sue Kraft

Code	Day	Date	Time
52433	F	4/6-5/25	3:00-4:15pm

Fit for Fifty Plus

A slower-paced exercise program geared for the mature adult/ senior without the movement and mobility required in a more typical aerobic class. Designed to help those who want to be physically fit through easy movement, stretching and relaxation.

16 classes | \$64.00R/\$70.00N

Pleasanton Senior Center | Instructor: Nancy Wigley

Code	Day	Date	Time
52424	Tu/ F	4/3-5/25	10:15-11:15am

Yoga for Fifty Plus

This course is designed to further the student's knowledge of the practice of Yoga. Included in this course is a continued discussion of the philosophy of Yoga, increased practice of Pranayama (breathing techniques) and meditation, and a wider variety of appropriate Asana (Yoga poses). Through continued practice of these techniques, the student will continue to increase strength, flexibility, balance and introspection, as well as gain insight into personal strengths and challenges.

8 classes | \$48.00R/\$53.00N

Pleasanton Senior Center | Instructor: Roberta Wilson

Code	Day	Date	Time
52438	Th	4/5-5/31	10:00-11:15am

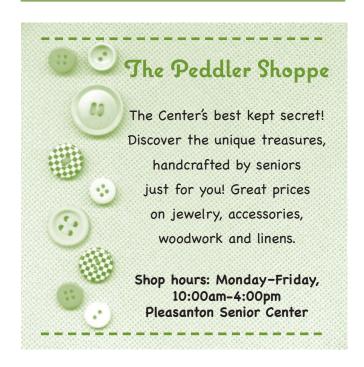
Zumba Gold®

Zumba Gold, designed for adults 50 years of age and older, is an exciting and high energy aerobic exercise, using Latin rhythms with easy-to-follow moves to create a dynamic fitness program. Routines feature fast and slow rhythms and music that are combined for aerobic endurance, muscle tone and flexibility.

16 classes | \$64.00R/\$70.00N

Pleasanton Senior Center | Instructor: Nancy Wigley

Code	Day	Date	Time	
52417	Tu/ F	4/3-5/25	9:00-10:00am	



Pleasanton Senior Center

KANSIT FAIK

Friday, March 16, 2012 10:00 am to 1:00 pm • Main Lobby



Join us as we transform the Senior Center into a "Transit Center"

Representatives from WHEELS, Pleasanton Paratransit Service, Alameda County Transportation Commission, ACE Train, and DMV will be on hand to provide you with the latest transit information and options.

The Center's Snappy Café will make St. Patrick's corn beef lunch for (\$3.50/senior) (\$5.00/adults). Advance paid reservations required.



|SPECIAL INTEREST|

AARP Mature Driver Renewal Certificate Course

This abbreviated class is designed for seniors who have already completed the Mature Driver program and just need to renew their certificate. Rules of the road are reviewed in a 4 ½ hour format. Class limited to 24 participants. Please pre-register with Front Desk Receptionist at 931-5365.

1 class | \$12.00 AARP member/\$14.00 Non-member Pleasanton Senior Center | Instructor: Dan Simons

Day	Date	Time
W	3/21	5:00-9:30pm

AARP Mature Driver Course

Refine your driving skills and reacquaint yourself with the rules of the road. At the conclusion of this two-session course, you'll be issued a certificate of completion, which may qualify you for an insurance discount. Registration fee payable by check to AARP the first day of class. Class limited to 24 participants. Please preregister with Front Desk Receptionist at 931-5365.

2 classes | \$12.00, AARP member/\$14.00 Non-member Pleasanton Senior Center | Instructor: Melba Akehurst

Day	Date	Time
W	5/16 & 5/23	8:30am-12:30pm

Falls Prevention Exercise Class

Be proactive, get fit, and decrease your risk of falls! Senior Support Program of the Tri-Valley offers an on-going exercise class at the Pleasanton Senior Center that incorporates stretching, flexibility, strength training, light aerobics, and balance work. Many of the exercises can be done seated. Free, but please register at the center's front desk.

Pleasanton Senior Center | Senior Support Program of the Tri-Valley

Day	Date	Time	
W	On-going	9:00-10:00am	

|DROP IN PROGRAMS|

Location: Pleasanton Senior Center

Movie Madness Show Dates:

Offered every 1st, 3rd and 5th Monday of the month at 1:00pm. Features large screen and theater-style sound, with movies that range from old classics to the more recent favorites (monthly movie schedule available at the Senior Center). FREE.

Show dates: March 5th and 19th, April 2nd, 16th and 30th and

May 7th and 21st

Brain Matters

Learn how to keep your brain active and your memory sharp. Bi-monthly meetings consist of word games, puzzles, challenging activities, reminiscing, socials and more. All geared to age proof your mind.

Drop-in fees: \$1.75R/\$2.25N

Day	Time
1st & 3rd F	10:00-11:30am

Knitting

Join the Center's knitting group and learn to knit, refresh your skills, pick up some new tips, get help with that pesky "UFO", or just sit, knit and plan to laugh a lot.

Drop-in fees: \$1.75R/\$2.25N Instructor: Nancy McDaniel

Day	Date	Time
F	On-going	9:00-11:30am



at the Pleasanton Senior Center

HICAP & Legal Assistance for Senior's

Learn about HICAP, one of the many free services provided to seniors each month at the Senior Center. A counselor with Health Insurance Counseling & Advocacy Program (HICAP) will be here to discuss how they help Medicare beneficiaries make informed choices and provide advocacy.

Guest Lecturer: Marilyn Cutting, HICAP Counselor

Day	Date	Time
Tu	3/13	10:30-11:30am

Earthquake Preparedness

Drop, cover and hold on—familiar instructions when an earthquake occurs. Are you prepared? Learn ways to prepare yourself and your family. The Livermore/Pleasanton Fire Department will lead this discussion and share the plans the City has in place when the Big Earthquake strikes.

Guest Lecturer: Genevieve Pastor-Cohen, Livermore/Pleasanton Fire Department

Day	Date	Time
Tu	4/10	10:30-11:30am

Downsizing Seminar-Ask the Experts!

Find out the truth about what it means to make a post-retirement move in today's market by attending this information packed seminar featuring a panel of industry experts. Hear from a senior real estate specialist, an estate sale professional and a move organizer. Bring your questions and ask the experts!

Guest Lecturer: Professional Panel

Day	Date	Time
Tu	5/8	10:30-11:30am



|THE ARTS|

Art Made Easy II/III

Capture the magic on location (plein air) and in the studio using new approaches in watercolor. Some experience with watercolors necessary. Please feel free to check out Art Made Easy videos at the Pleasanton Library. A different lesson is taught each week. Supply list available upon registration.

6 classes | *No class 3/22 | \$86.00R/\$95.00N Firehouse Arts Center, Classroom A | Instructor: Charlotte Severin

Code	Day	Date	Time
52988	Th	3/15-4/26*	1:00-4:00pm

Porcelain Painting

Ages 15 and up

Learn the basics of design, mixing, and powder paints with an open media. Different brush strokes will be used to achieve an effect. Loading of brushes will be demonstrated. Beginning students need no previous experience and will paint subject matter on a 6×6 inch tile. Supply list available upon registration. A \$30 kiln firing fee is payable to the instructor at the first class meeting.

5 classes | *No class 4/11, 4/18 | \$106.00R/\$117.00N Pleasanton Senior Center | Instructor: Ann Apperson

Code	Level	Day	Date	Time
52989	Beginning	W	3/28-5/9*	12:15-3:45pm
52992	Intermediate	W	3/28-5/9*	12:15-3:45pm
52991	Beginning	W	3/28-5/9*	6:30-9:45pm
52990	Intermediate	W	3/28-5/9*	6:30-9:45pm

For Senior Center programming, log onto pleasantonseniorcenter.org





CALLIPPE PRESERVE GOLF COURSE

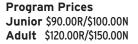
8500 Clubhouse Drive • www.playcallippe.com • 925.426.6666

Spring 2012 Golf Instruction Programs

Note: Registration for all golf activities is conducted at the Golf Course.

Do not use the registration form in this Activities Guide.

Days	s/Dates	Beginning Fundamentals	Junior Intro to Golf
Th	3/29-4/26	2:00-3:00pm	3:30-4:30pm
Su	4/1-4/29	2:00-3:00pm	3:30-4:30pm
Th	5/10-6/7	2:00-3:00pm	3:30-4:30pm
Su	5/13-6/10	2:00-3:00pm	3:30-4:30pm



All lessons will take place at the Callippe Preserve Golf Course. Registrations and fees are processed at the Golf Course and must be submitted at least one week prior to the start of the session. Due to the 6-student minimum class size, some classes may be rescheduled at the discretion of the Golf Professional. Seasonally, some classes may be postponed due to inclement weather.

About the Classes

Each class consists of five 1-hour sessions taught by PGA Head Professional Doug Giannini and Assistant Golf Professional Jake Saito, and will have between 6 and 10 students. Practice balls and golf clubs are provided. Students should wear athletic shoes and appropriate attire for current weather conditions.

Beginning Fundamentals All Ages

This class focuses on the basic fundamentals that players rely on for overall swing stability. Different basic shots needed to play a round of golf, from putting to driving, will be discussed. This is a good class, whether you've had no instruction, little instruction, or are fairly experienced.

Junior Introduction to Golf Ages 7-15

This class is for youngsters who have not had much golf instruction. Basic fundamentals are covered in a fun way for younger kids to understand. Through consistent repetition, students will receive a solid foundation for practicing and playing the game.









At the Sports Park

Adult Spring 2012 Softball Leagues Team Registration

Adult Softball Leagues are scheduled to begin the week of April 1st. The City of Pleasanton offers a wide variety of league play during evening hours, from Sunday through Friday Nights. For new team registration or more information please call (925)931-3437 or email dvillasenor@ci.pleasanton.ca.us.

Individual Players

If you are new to the area or just looking to get on a softball team please contact us to be placed on our free agent list. As a player on the free agent list you may be contacted by teams in need of players, or city staff will place you on a team with other individual players. The Spring 2012 Softball League will begin the week April 1, 2012. If you are interested, please contact Joelle Goodman at (925)931-3480 or jgoodman@ci.pleasanton.ca.us.

Submit completed forms to the City of Pleasanton. Mail to:

City of Pleasanton P.O. Box 520 Pleasanton, CA 94566 Attn: Softball Complex



For information about field conditions, availability, and Sports Programs, visit our website:

www.pleasantonsports.org

or contact us:

Daniel Villasenor (925) 931-3437 dvillasenor@ci.pleasanton.ca.us

Joelle Goodman (925) 931-3480 jgoodman@ci.pleasanton.ca.us

Sports Complex Fax: (925) 931-3438

Inclement Weather Policy

Visit our website at www.pleasantonsports.org or call (925)931-5360. During Inclement weather, sports organizations and park users are required to check the Weather Line or the website regarding field conditions. Information will be updated only on days in question after 3:00pm, M-F or 7:00am on weekends.



Adult Softball-Individual Player			
Name	Date		
Address	City Zip		
Day Phone	Evening Phone		
Type of Play (check all that apply): Men's 18 8	& Over		
E-mail Address (optional):	Please Indicate Nights Availab and any other misc. informati	•	

Dolores Bengtson Aquatic Center

4455 Black Avenue • 931-3420

We are pleased to announce that starting this spring, the west side of the Dolores Bengtson Aquatic Center will undergo an extreme makeover! It's been over 43 years since the first two pools were constructed at the aquatic center; and 36 years since the diving pool was added. We recognize that now is the time for these pools to receive some much-deserved attention.

The anticipated closure will take approximately one year to complete and should begin in mid-Spring (at the time of the activities guide printing, projected construction start date is April, 2012). During this period, the three (3) pools on the west side of the Dolores Bengtson Aquatic Center will be closed.

Planned improvements will include:

- Smooth-surface decking around all of the west-side pools
- Re-plastering of all west-side pools
- New gutter system for the 25-meter pool creating the appearance of an infinity pool
- Separate filtration systems for each pool
- Built-in steps for ease of access in both the 25-meter and shallow pools
- Relocation of the diving pool to be included as part of the 25 meter pool

In addition, other internal mechanical improvements will be made as well. This will include:

- New plumbing and heating elements for each pool
- Relocation of an electrical transformer that provides power to the Dolores Bengtson Aquatic Center, and to the Cultural Arts building and park
- A necessary transfer of the irrigation booster pump to the entire Amador Valley Community Park

During the renovation process, the intent is to keep the 50-meter pool and locker rooms on the east side of the complex open to the public. To help reduce further impact to the 50-meter pool, we are currently in the process of finalizing plans to work with other local, off-site facilities to continue offering some of our other outstanding programs during the interim. Please check our webpage frequently for progress at **www.pleasantonaquaticcenter.com**, or feel free to contact us if you have any questions. We look forward to sharing an updated and enhanced facility with you in the near future, and we thank you in advance for your patience and continued patronage during the renovation process.

Michelle Stearns, Recreation Supervisor mstearns@ci.pleasanton.ca.us

Office Hours

Holiday Hours Observed on:

M/W/F	6:00am-1:00pm	5/28	
Tu/Th	11:30am-1:00pm		
M-Th	5:30-7:00pm		
Sa	7:30-10:00am		

Please note: Office hours will expand once Spring 2012 Learn to Swim classes commence.

Registration Information

- Please save your receipt! Receipt should be brought to the first 3 classes and saved for transfers or additional registration.
- Parents/Siblings/Guests: We request that you wait outside the Aquatic Complex or in the spectator area during all lessons.
- Incorrect Class Registration: It is the patron/parents' responsibility to transfer their self/child into the correct class if the individual is registered for an incorrect class after passing or not passing a level.
- Registration or transfers will not be accepted by telephone.

Fitness-Lap Swim

Get in shape in our heated pool! This is for adults and students who are interested in lap swimming. Lanes may be assigned and space sharing is required. Our lap swimming policy is available at the office. Those not participating in the program must remain outside or in the spectator area. Private coaching is not allowed.

Fees:	Single	Punch Pass (15)
Adult	\$4.00	\$52.00R/\$58.00N
Youth (ages 6-17)	\$3.50	\$46.00R/\$51.00N
Senior (ages 60+)	\$3.50	\$46.00R/\$51.00N

Session	Day	Time	
Morning	M/W/F*	6:00-10:00am	
Lunch	M-F*	11:30am-1:00pm	
Evening	M-Th*	5:30-7:30pm	
Saturday	Sa	7:30-10:00am	

Holiday Schedule

*Lap swimming is offered from 8:00-11:00am on Monday, 5/28.

The Dolores Bengtson Aquatic Center will be closed for all programs during the March swim meet.

Upcoming Swim Meets

DBAC will be the host-site for the following swim meets:

Day	Date	Meet
Sa/Su	3/3-3/4	Seahawks Swim Meet

The community is encouraged to attend and cheer on the participants!

|EXERCISE & WELLNESS|

Fitness Water Exercise

Ages 16 and up

Drop-in Fee: \$7.00 per class

Punch Passes | 15 classes | \$93.00R/\$102.00N Valid for 3 months from date of purchase

Shallow Water Workout

A high intensity shallow water aerobics class designed to strengthen and tone muscles and to improve cardiovascular fitness. Includes interval, circuit and resistance training using hand buoys, elastic tubing and water woggles. Designed for intermediate and advanced exercisers.

Day	Time	No Class
M/W/F	9:15-10:15am	5/28

Deep Water Workout

A challenging aerobic workout in deep water utilizing interval and resistance training to develop cardiovascular fitness, muscle strength, endurance and flexibility. Note: This class is held in deep water and although buoyancy equipment is worn, participants should feel comfortable in deep water.

Day	Time	No Class	
M/W/F	6:00-6:55am	5/28	
M/W/F	7:45-8:45am	5/28	
M-Th	6:00-6:55pm	5/28	

|RED CROSS CERTIFICATION|

Basic Water Rescue

Ages 10 & up

Concentration on personal safety skills and swimmer assistance. Prerequisites are Level V swim skills and 10 years of age.

1 class | \$75.00R/\$83.00N

Phone: (925) 931-5340

Dolores Bengtson Aquatic Center | Instructor: DBAC Staff

Code	Day	Date	Time
52862	Sa	3/24	9:00am-1:00pm
52864	Sa	4/14	9:00am-1:00pm



Water Safety Instructor

Ages 16 & up

This class will provide the knowledge and tools to teach American Red Cross Learn to Swim Lessons, as well as several other water safety courses including Parent & Child Aquatics and Longfellow's Whales Tales. Upon successful completion of this course, students will be qualified to teach and issue certificates in swimming and water safety. This class also includes Fundamentals of Instructor Training. Additional practice teaching sessions may be scheduled. Prerequisites: Participants must be 16 years or older by the last class, possession of Red Cross Level IV swimming skills, back float (floating or sculling) for 1 minutes in deep water, tread water for 1 minute.

12 classes | \$175.00R/\$193.00N

Dolores Bengtson Aquatic Center | Instructor: DBAC Staff

Code	Day	Date	Time	
52861	Tu/Th	2/28-4/5	5:30-9:00pm	

Lifeguard Challenge

Ages 15 & up

This class is for those who wish to extend their Red Cross LGT certificate. Participants must be 15 years of age with the ability to swim continuously 300 yards using crawl stroke and breast stroke, swim 20 yards, dive 7-10 feet and retrieve a 10lb brick in 1 minute, 40 seconds. No prompting or assistance will be given prior-to or during testing. Skills will be tested at the first class meeting. Lifeguard certification MUST be current to take the challenge class.

1 classes | \$55.00R/\$61.00N

Dolores Bengtson Aquatic Center | Instructor: DBAC Staff

Code	Day	Date	Time
52859	F	4/13	8:00am-5:00pm

Lifeguard Training

Ages 15 & up

Train to be a Red Cross Certified Lifeguard before the summer rush! Red Cross Lifeguard Training Course prerequisites: Participants must be at least 15 years of age on or before the last class, ability to swim 300 yards using crawl stroke and breast stroke; swim 20 yards, dive 7-10 feet and retrieve a 10 lb. diving brick in 1 minute, 40 seconds.

6 classes | \$190.00R/\$209.00N

Dolores Bengtson Aquatic Center | Instructor: DBAC Staff

Code	Day	Date	Time
52858	Th	4/5 and	4:00-6:00pm
	M-Th	4/9-4/13	8:00am-5:00pm



American Red Cross Learn to Swim Program-Spring 2012 Preschool Basics

Ages 4-5 years

The objective of this class is to promote the developmentally appropriate learning of fundamental water safety and aquatic skills. Beginner skills taught in three-step learning groups. Certified Water Safety Instructors will assess your childs skill level on the first day of class and will determine the most appropriate placement for them at that time.

Beginner Basics

Ages 6 & up

Beginner basics consist of Levels 1-3. Skills include crawl stroke and back float; rythmic breathing, survival float, and safety skills. Certified Water Safety Instructors will assess your childs skill level on the first day of class and will determine the most appropriate placement for them at that time.

Stroke Improvement

Ages 6 & up

In this class, students develop confidence in the strokes that they have learned while they improve upon other aquatic skills such as diving, turns and feet-first surface dives, as well as learn new strokes (breaststroke, back crawl, sidestroke, and butterfly).

April 16-May 2

6 classes | M/W | \$39.00R/\$43.00N

Dolores Bengtson Aquatic Center | Instructor: DBAC Staff

Code	Level	Times
52895	Preschool Basics	1:00-1:30pm
52896	Preschool Basics	1:30-2:00pm
52897	Preschool Basics	2:00-2:30pm

April 17-May 3

6 classes | Tu/Th | \$39.00R/\$43.00N

Dolores Bengtson Aquatic Center | Instructor: DBAC Staff

Level	Times
Preschool Basics	1:00-1:30pm
Preschool Basics	1:30-2:00pm
Preschool Basics	2:00-2:30pm
Preschool Basics	5:30-6:00pm
Stroke Improvement	5:30-6:00pm
Preschool Basics	6:00-6:30pm
Beginner Basics	6:30-7:00pm
Beginner Basics	7:00-7:30pm
Stroke Improvement	7:00-7:30pm
	Preschool Basics Preschool Basics Preschool Basics Preschool Basics Stroke Improvement Preschool Basics Beginner Basics Beginner Basics

April 28-May 19

Dolores Bengtson Aquatic Center | Instructor: DBAC Staff 4 classes | Sa | \$26.00R/\$29.00N

Code	Level	Times
52853	Beginner Basics	10:15-10:45am
52850	Preschool Basics	10:45-11:15am
52854	Beginner Basics	11:15-11:45am
52851	Preschool Basics	Noon-12:30pm
52855	Beginner Basics	1:00-1:30pm
52852	Preschool Basics	1:30-2:00pm
52856	Stroke Improvement	10:15-10:45am
52857	Stroke Improvement	Noon-12:30pm

May 7-May 23

6 classes | M/W | \$39.00R/\$43.00N

Dolores Bengtson Aquatic Center | Instructor: DBAC Staff

Code	Level	Times
52899	Preschool Basics	1:00-1:30pm
52900	Preschool Basics	1:30-2:00pm
52898	Preschool Basics	2:00-2:30pm

May 8-May 24

6 classes | Tu/Th | \$39.00R/\$43.00N

Dolores Bengtson Aquatic Center | Instructor: DBAC Staff

Code	Level	Times
52819	Beginner Basics	6:30-7:00pm
52821	Beginner Basics	7:00-7:30pm
52902	Preschool Basics	1:00-1:30pm
52901	Preschool Basics	1:30-2:00pm
52903	Preschool Basics	2:00-2:30pm
52837	Preschool Basics	5:30-6:00pm
52846	Stroke Improvement	5:30-6:00pm
52839	Preschool Basics	6:00-6:30pm
52845	Stroke Improvement	7:00-7:30pm



Adult/Teen Lessons

Ages 13 & up

It's never too late to learn how to swim. Whether your goal is to conquer a fear of the water, learn proper technique, prepare for lap swimming or even competitive events—we can help you get there! Course emphasis is on individual skill improvement and endurance. Students are allowed to progress at their own pace with hands-on support provided by the instructor in a safe environment.

Dolores Bengtson Aquatic Center | Instructor: DBAC Staff 4 classes | \$28.00R/\$31.00N

Code	Day	Date	Time	
52847	Sa	4/28-5/19	12:30-1:00pm	
8 classes \$!	56.00R/\$62.0	ON		
Code	Day	Date	Time	
52778	Tu/Th	4/3-4/26	7:30-8:15pm	
52779	Tu/Th	5/1-5/24	7:30-8:15pm	
9 classes \$6	53.00R/\$69.00	ON		
Code	Day	Date	Time	
52713	Tu/Th	3/1-3/29	7:30-8:15pm	

Private/Semi-Private Lessons

Ages 6 & up

We are pleased to offer private and semi-private swim lessons! Semi-private lessons are limited to four students. The first students pays full price; and then each additional student pays a discounted price.

4 classes | \$120.00R/\$132.00N

Phone: (925) 931-5340

Dolores Bengtson Aquatic Center | Instructor: DBAC Staff

Code	Day	Date	Time
52780	Tu	4/3-4/24	6:00-6:30pm
52802	Tu	4/3-4/24	6:30-7:00pm
52788	Th	4/5-4/26	6:00-6:30pm
52803	Th	4/5-4/26	6:30-7:00pm
52848	Sa	4/28-5/19	12:30-1:00pm
52849	Sa	4/28-5/19	1:00-1:30pm
52789	Tu	5/1-5/22	6:00-6:30pm
52804	Tu	5/1-5/22	6:30-7:00pm
52790	Th	5/3-5/24	6:00-6:30pm
52805	Th	5/3-5/24	6:30-7:00pm

Competitive Stroke-Stroke Refinement Swim Class

Ages 6-10

This class is for swimmers interested in strengthening their competitive swim stroke. Basic knowledge of Freestyle, Backstroke, Breaststroke and Butterfly are required prior to the lesson. Swimmer must be able to swim each stroke correctly at least 50 yards. The focus of this class will be to refine existing swim skills.

Dolores Bengtson Aquatic Center | Instructor: DBAC Staff 7 classes | \$49.00R/\$54.00N

Code	Day	Date	Time
52792	M/W	5/2-5/23	5:30-6:15pm
52795	M/W	5/2-5/23	6:30-7:15pm
8 classes \$5	66.00R/\$62.0	ON	
Code	Day	Date	Time
52717	M/W	3/5-3/28	5:30-6:15pm

Code	Day	Date	Time	
		. / /		

Code	Day	Date	Time	
52791	M/W	4/2-4/30	5:30-6:15pm	
52794	M/W	4/2-4/30	6:30-7:15pm	

Missed Lessons!

It is essential that each lesson is attended to receive the full benefit of the class. Please plan your schedule carefully. Sorry, there are no make-up lessons or credits for missed classes. If the Community Services Department cancels a class or session, a credit will be issued to your account.





DBAC Swim Team

Ages 6-17

5/29-8/3 | Dolores Bengtson Aquatic Center | Instructor: DBAC Staff A Team-\$175.00R/\$193.00N (includes coaching, dual meets, championship entry fees and t-shirt).

B Team-\$120.00R/\$132.00N (includes coaching and t-shirt).

The DBAC swim team participates in the Tri-Valley Swim league and has 2 teams; an A team and a B team.

The **DBAC** A **Team** team competes in the league swim meets. To qualify for the A team, each swimmer must be able to compete in at least 5 of the 8 dual meets, and swim each of the required strokes within the established minimum time for their respective age group.

The **DBAC B Team** team is open to swimmers who enjoy practicing and improving their swimming skills throughout the summer, but do not wish to compete in the meets for a variety of reasons. The B team swims at the same time as the A team during the summer daytime practice sessions. Due to limited pool space, only A team swimmers may attend evening practice sessions. B team swimmers do not swim in any of the meets.

A Team

Ages	5-6	6-8	8-10	10-12	12-14	14-18
Boys	52865	52866	52867	52868	52869	52870
Girls	52871	52872	52873	52874	52875	52876

B Team

Ages	5-6	7-8	9-10	11-12	13-14	15-17
Boys		52886	52877	52878	52879	52883
Girls		52885	52880	52881	52882	52884

Team Prerequisites

Ages: 5-6	must be able to make forward progress on their stomach using freestyle arms and on their back using backstroke arm for 25 yards. There is no B team for this age group.
Ages: 7-8	must be able to swim 25 yards of freestyle, back stroke, and breaststroke without stopping. Butter fly is encouraged but not required.
Ages: 9-10	must be able to swim 25 yards each of freestyle, breaststroke, backstroke, and butterfly.
Ages: 11-14	must be able to swim 50 yards each freestyle, back stroke, breaststroke, and butterfly.
Ages 15-17	must be able to swim 100 yards each of the four competitive strokes.

Each age group has specific preset time standards in which the above strokes must be completed. Time standards will be posted online at http://sites.google.com/site/dbacpiranhas/. Those who participated in U.S.S. Swimming after January 1, 2012 are not eligible.

Try Outs

Tryouts are required for both teams and will be held on the following Saturdays: 3/17, 4/7 and 4/21 from 10:30am-1:30pm. Tryouts are used by the coaches to assess each swimmer's skill level. Tryouts are conducted on a first-come, first-serve basis. It's quite possible that specific A team age groups may fill up on the first day. Anyone who meets the prerequisites above is encouraged to participate on the team. Membership is on a first-come, first-serve basis. All interested swimmers must attend tryouts unless they participated on the previous year's DBAC swim team. Swimmers will not be allowed to participate following tryouts until registration is complete.

DBAC Swim Team Workout Schedule

A Team-Spring (5/29-6/7)

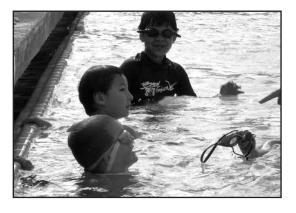
Ages	Day	Times
5-10	M-Th	6:00-6:45pm
11-17	M-Th	6:45-7:45pm

A Team-Summer (6/11-8/3)
No practice on Wednesday, 7/4

Ages	Day	Times
5-6	M-F	9:00-9:50am
	M-F	1:00-1:50pm
7-10	M-F	9:00-9:50am
	M-F	1:00-1:50pm
	M-F	7:00-7:50pm
11-17	M-F	7:40-9:00am
	M-F	1:50-3:00pm
	M-F	7:50-9:00pm

B Team-Summer (6/11-8/3) No practice on Wednesday, 7/4

Ages	Day	Times
7-10	M-F	9:00-9:50am
	M-F	1:00-1:50pm
11-17	M-F	7:40-9:00am
	M-F	1:50-3:00pm



PLEASANTON TENNIS CENTER

Register for tennis programs online at www.lifetimetennis.com

Pleasanton Tennis & Community Park 5801 Valley Avenue (corner of Valley & Hopyard) www.lifetimetennis.com • (925) 931-3449

The tennis courts at the Pleasanton Tennis Park are available on a pay-as-you-play basis. The fee is based on a higher level of service, which includes the ability to reserve court use, provision of a multi-use facility and higher level of maintenance. Other public tennis courts located at community parks and schools in Pleasanton are available free of charge.

Office & Court Hours

M-F 8:00am-10:00pm Sa 8:00am-9:00pm Su 8:00am-8:00pm

Rain Procedure

On rainy days, staff may close the courts until they are playable. Call 931-3449 to see if courts are dry. Credit will be issued for paid, unused time if it rains during play. Make ups will be scheduled for lesson and league rainouts.

Open Play Court Fees

Open Play Court Fees per 45 minutes

Adult: \$5.00R/\$7.00N Youth: \$4.00R/\$6.00N Mid-Day Deal:

Monday-Friday, Noon-3:00pm \$4.00 per hour

Program Registration

Residents may register beginning 8:00am Wednesday, February 1.

Nonresidents may register beginning 8:00am Wednesday, February 15.

Please make all checks payable to Lifetime Tennis. Please do NOT use the city of Pleasanton registration form. You may find a Lifetime Tennis registration form @ www.lifetimetennis.com.

Registration Methods

- Online at www.lifetimetennis.com
- Mail to Lifetime Tennis, 5801 Valley Avenue, Pleasanton, CA 94566
- In person at the Pleasanton Tennis & Community Park

Advanced Group Reservations

All groups requesting courts in advance for an event or a season of matches. \$7.00 per 45 minutes for prime time and \$4.00 per 45 minutes non prime time (12:00 to 3:00pm Mon through Fri.). Priority will be given to Pleasanton resident groups.

Court Reservations

- 1. Residents may reserve courts 8 days in advance. Non-residents may reserve courts 7 days in advance.
- 2. Minimum of 45 minutes, maximum of 1½ hours rental for open play.
- 3. Court reservations are forfeited after 10 minutes; ball machine reservations are forfeited after 10 minutes.

- 4. Fees will not be prorated for late arrivals.
- 5. Credit will be issued for unused rain-out time.
- 6. Reserve a court online at www.lifetimetennis.com

Ball Machine Rental

Ball machine rental is available. No one under the age of 15 years old may use the ball machine unless accompanied by an adult.

45 minute session | \$13.00R/\$15.00N

Ball machine passes allow players to use the ball machine one time per day for 45 minutes for the duration of the pass.

3 month pass | \$85.00R/\$93.00N 6 month pass | \$139.00R/\$153.00N

Court and Ball Machine Cancellation Policy

Reservations must be canceled 4 hours in advance or full payment will be assessed. No-shows or late cancellation fees not paid will be required to be paid before claiming next reservation.

Tennis Program Notes

- 1. Pre-registration is required for all tennis programs.
- 2. No registrations for classes accepted by phone.
- 3. Leagues and lessons may be combined or cancelled based on registrations. Participants may be reassigned according to age, ability, and class size.
- 4. Class refunds are only given if requested no later than 10 working days prior to the first class meeting. Refund requests received after this time, but at least 5 working days prior to the start of a class or program will be assessed a \$5 administrative fee, per class or program. No refunds will be issued for requests received less than 5 working days prior to the start of the class or program.
- 5. Full refunds will be granted for classes or programs cancelled by Lifetime Tennis.
- 6. No refunds given for non-attendance.
- 7. Make ups for rain outs will be posted online and/or in guide. Refunds not granted for non-attendance.

Court Rules

- 1. Please do not bring the following on court: food, drinks, skate-boards, bikes, in-line skates, scooters, pets, or small children who are not playing tennis. Drinking water is okay on court.
- 2. Shirts and non-marking shoes required.
- 3. No personal ball machines.
- 4. City sponsored lessons only.

Ping Pong Service

Ping Pong table rental available. Tables may be reserved up to 3 days in advance.

\$6.00R/\$7.00N per hour

Phone: (925) 931-3449

Tennis Lesson Bonus/Make Up Days:

Sunday-Friday Classes	Sa, 4/14 and 5/19	Times TBD
Saturday Classes	Su, 4/15 and 5/20	Times TBD

Adult Tennis Lessons

Ages 16 & Older

Beginning (B): For students with little or no previous tennis instruction. Students will be introduced to the forehand, backhand, serve, simple scoring, and basic vocabulary. Class goal: maintain a six-toten shot "short court" rally and hit an average of 1 out of 3 balls into the correct service box.

Advanced Beginning (AB): For students completing at least 2 or more sessions of beginning tennis. In this level, we will add movement to ground strokes, improved serving technique, and discuss various rules and terms. Class goal: maintain a full-court rally and hit an average of 1 out of 2 balls into the correct service box.

Intermediate (I): For students who have completed 2 or more sessions of advanced beginning tennis. Students will be introduced to volleys and overheads while improving overall confidence and consistency of the forehand, backhand, and serve. Added movement becomes a key component at this level. Class goal: enjoy playing a complete game of tennis.

Advanced (A): For players with established strokes looking to refine their skills and improve shot selection and strategy. Classes will focus on point play, faced paced drills, and technique refinement. Players should be able to compete in competitive full court singles and doubles play before enrolling. This class is a great way to warm up for a league match or get a boost to reach the top of your ladder!

12 classes | \$180.00R/\$198.00N 11 classes | *No class 4/8 | \$165.00R/\$182.00N Pleasanton Tennis Park | 8:1 ratio | Instructor: Lifetime Tennis Staff

Level	Days	Dates	Time
В	М	3/26-6/11	6:30-8:00pm
В	Tu	3/27-6/12	9:30-11:00am
В	Sa	3/31-6/16	2:45-4:15pm
В	Su	4/1-6/17*	1:15-2:45pm
AB	М	3/26-6/11	8:45-10:15am
AB	Tu	3/27-6/12	9:30-11:00am
AB	W	3/28-6/13	6:30-8:00pm
AB	W	3/28-6/13	10:15-11:45am
AB	Th	3/29-6/14	6:30-8:00pm
AB	F	3/30-6/15	9:30-11:00am
AB	Sa	3/31-6/16	8:45-10:15am
I	М	3/26-6/11	8:45-10:15am
I	Th	3/29-6/14	6:30-8:00pm
I	F	3/30-6/15	9:30-11:00am
I	Sa	3/31-6/16	9:30-11:00am
I	Th	3/29-6/14	9:30-11:00am
A	Tu	3/27-6/12	6:30-8:00pm
A	Th	3/29-6/14	9:30-11:00am
A	F	3/30-6/15	6:30-8:00pm
A	Su	4/1-6/17*	9:30-11:00am

12 classes | 8:1 ratio | \$90.00R/\$99.00N 11 classes | *No class 4/8 | \$83.00R/\$91.00N

Pleasanton Tennis Park | 8:1 ratio | Instructor: Lifetime Tennis Staff

Level	Days	Dates	Time
В	Sa	3/31-6/16	9:30-10:15am
В	F	3/30-6/15	8:45-9:30am
AB	Su	4/1-6/17	2:45-3:30pm

Specialty Tennis Lessons

Adults, Ages 16 & Older

Improving Your Serve & Net Game (S/N): Reach your goal of becoming a better server and vollyer with our specialty serve and net game class. Throughout the 6 weeks you will develop solid serve and volley fundamentals and be introduced to doubles and singles strategies. This class is a must for players trying to get to the next level!

Women's Academy (WA): This innovative program is designed to meet the goals of today's female tennis athlete. Whether preparing for USTA leagues, tournaments or other areas, competitors will thrive in our rotating court training system. The academy staff has over 20 years in training excellence and is eager to pass along their experience. Workouts will focus on advanced shot development, footwork, situational play, match strategy, goal setting, mental imagery, and opponent scouting.

Cardio Tennis (C): Not just for tennis players! Looking for an exercise program that doesn't just help you get fit but one that puts a smile on your face? Cardio tennis is a fun, new way to burn calories and get in shape. This group activity features a variety of drills to get your heart healthy. Workouts will include warm-up, cardio workout, and cool down phases. Students should wear comfortable clothes and athletic shoes.

Drill Class (DR): Tune up your game with drills focused on movement and shot development. Classes are designed to maximize the number of balls hit per session. Each lesson will include a variety of drill that covers a wide range of shots.

NEW PROGRAM! Wheelchair Tennis (WC): Wheelchair tennis is one of the fastest growing and most challenging of all wheelchair sports. Learning mobility on the court is exciting, challenging, and helps build strength and cardiovascular ability.

12 classes | \$180.00R/\$198.00N 11 classes* | *No class 4/8 | \$165.00R/\$182.00N Pleasanton Tennis Park Instructor: Lifetime Tennis Staff

Phone: (925) 931-3449

Туре	Days	Fall Session	Time
WC	Tu	3/27-6/12	1:15-2:45pm
С	W	3/28-6/13	8:45-10:15am
С	Sa	3/31-6/16	8:00-9:30am
С	Su	4/1-6/17*	8:00-9:30am

(Specialty Tennis continued on the next page)

Tennis Lesson Bon	us/Make Up Da	ys:
Sunday-Friday Classes	Sa, 4/14 and 5/19	Times TBD
Saturday Classes	Su, 4/15 and 5/20	Times TBD

Specialty Tennis Lessons (continued)

12 classes | \$90.00R/\$99.00N

11 classes* | *No class 4/8 | \$83.00R/\$91.00N

Pleasanton Tennis Park | Instructor: Lifetime Tennis Staff

Туре	Days	Dates	Time
SN	М	3/26-6/11	5:45-6:30pm
SN	Th	3/29-6/14	8:45-9:30am
С	Tu	3/27-6/12	8:45-9:30am
С	Th	3/29-6/14	8:00-8:45am
С	Th	3/29-6/14	5:45-6:30pm
WC	F	3/30-6/15	12:30-1:15pm
SN	Su	4/1-6/17*	8:45-9:30am

Pleasanton Tennis Park | Instructor: Lifetime Tennis Staff 6 classes | \$108.00R/\$119.00N

Туре	Days	Dates	Time
WA(3.5+)	М	4/23-5/28	10:15-1145am
WA(2.5-3.0)	W	4/25-5/30	11:45-1:15pm
WA(3.5+)	F	3/30-6/15	11:00-12:30pm

Junior Development Teams

Ages 7-18

Bronze, Silver and Gold Teams

Lifetime Tennis has established a multi-tiered program to help develop junior player's skills. Players, ages 7-18, will improve their consistency, accuracy, and technique enabling them to successfully play tennis matches in local tournaments or on school teams. All registrations for junior teams are by instructor approval only. Attendance recommendation: 1-2 workouts per week. Depending on attendance frequency and commitment to practice, players may graduate levels in 6–24 months.

Bronze Team Workouts-Ages 7-16

For graduates of the Red Level tennis classes. Students will learn grip/technical improvements, shot consistency, spins, singles and doubles play. Class emphasis will be on consistency and solid fundamentals.

Silver Team Workouts-Ages 9-18

For graduates of the Bronze Team. Students will learn: specialty shots, accuracy, controlled power, and will be introduced to match/tournament strategy.

Gold Team Workouts-Ages 11-18

For graduates of the Silver Team. Students will improve their shot selection, match strategy, conditioning, foot speed, and accuracy.

New! Flex sign up-now you have the option of signing up for the entire session, the first or last 6 weeks of the session or come on a drop in basis.

12 classes | \$223.00R/\$245.00N 6 classes | \$129.00R/\$142.00N

Drop in | \$37.00R/\$40.00N

Pleasanton Tennis Park | Instructor: Lifetime Tennis Staff

Level	Ages	Day	Fall Session	Times
Bronze	7-16	Sa	3/31-6/16	4:15-5:45pm

12 classes | \$298.00R/\$328.00N

11 classes* | *No class 4/8 | \$273.00R/\$300.00N

6 classes | \$171.00R/\$188.00N Drop in | \$45.00R/\$49.00N

Pleasanton Tennis Park | Instructor: Lifetime Tennis Staff

Level	Ages	Day	Fall Session	Times
Bronze	7-16	Su	4/1-6/17*	3:30-5:45pm
Bronze	7-16	F	3/30-6/15	5:45-8:00pm
Silver	9-18	М	3/26-6/11	3:30-5:45pm
Silver	9-18	Sa	3/31-6/16	5:45-8:00pm
Gold	11-18	М	3/26-6/11	5:45-8:00pm
Gold	11-18	W	3/28-6/13	5:45-8:00pm
Gold	11-18	Su	4/1-6/17*	3:30-5:45pm

Junior Team Match Play

Pleasanton Tennis Park | *No match 4/8 | 12 matches | \$99.00R/\$109.00N

Day	Dates	Time
Su	4/1-6/17	6:30-8:00pm

Junior Team Tournaments

1 day | \$6.00R/\$8.00N | Pleasanton Tennis Park Times depend on draw

Level	Ages	Day	Date	Regis. Deadline
Jr Team	7-18	Tu	4/10	4/6

Green, Blue, Red Tennis Lessons

Ages 7-15

Phone: (925) 931-3449

This 3-tiered introduction program develops early tennis skills such as ground strokes, serving, volleys, overheads, and basic vocabulary. Classes are held at the tennis courts at the following locations.

Pleasanton Tennis Park, 5801 Valley Avenue Muirwood Community Park, 4701 Muirwood Drive Pleasanton Middle School, 5001 Case Avenue

GREEN (G) will be introduced to the forehand, backhand, serve, basic rules and terms of the game. Modified rally balls will be used to encourage consistency. Students should take a minimum of one 12 week session before advancing to Blue.

BLUE (B) will focus on further developing technique and short court rally consistency. Students should take a minimum of one 12 week session before advancing to Red.

(Specialty Tennis continued on the next page)

Green, Blue, Red Tennis Lessons (continued)

RED (R) players will be working toward rallying full court and playing out real points with rally balls and regular tennis balls. Students will remain in the class until they are ready to graduate to the Bronze Team. In order to be recommended for Bronze Team, students will have to demonstrate the ability to rally full court and serve consistently.

12 classes | \$182.00R/\$200.00N

11 classes* | *No class 4/8 | \$167.00R/\$184.00N

Pleasanton Tennis Park | Instructor: Lifetime Tennis Staff | 8:1 ratio

Level	Ages	Day	Dates	Times		
G, B, R	7-10	М	3/26-6/11	4:15-5:45pm		
G, B, R	7-10	Tu	3/27-6/12	5:00-6:30pm		
G, B, R	7-10	F	3/30-6/15	4:15-5:45pm		
G, B, R	7-10	Sa	3/31-6/16	10:15-11:45am		
G, B, R	7-10	Su	4/1-6/17*	11:00am-12:30pm		
G, B, R	11-15	W	3/28-6/13	4:15-5:45pm		
G, B, R	11-15	Tu	3/27-6/12	6:30-8:00pm		
G, B, R	11-15	Th	3/29-6/14	4:15-5:45pm		
G, B, R	11-15	Sa	3/31-6/16	11:45am-1:15pm		
G, B, R	11-15	Su	4/1-6/17*	5:00-6:30pm		

12 classes | \$182.00R/\$200.00N

Muirwood Community Park | Instructor: Lifetime Tennis Staff | 8:1 ratio

Level	Ages	Day	Dates	Times
G, B, R	7-10	Sa	3/31-6/16	2:00-3:30pm
G, B, R	11-15	Sa	3/31-6/16	9:30-11:00am

12 classes | \$182.00R/\$200.00N

Pleasanton Middle School | Instructor: Lifetime Tennis Staff | 8:1 ratio

Level	Ages	Day	Dates	Times
G, B, R	7-10	Th	3/29-6/14	4:15-5:45pm
G, B, R	11-15	Th	3/29-6/14	5:45-7:15pm

12 classes | \$375.00R/\$412.00N

11 classes | *No class 4/8 | 4:1 ratio | \$344.00R/\$378.00N Pleasanton Tennis Park | Instructor: Lifetime Tennis Staff

Level	Ages	Day	Dates	Times
G, B, R	7-10	W	3/28-6/13	4:15-5:45pm
G, B, R	7-10	Su*	4/1-6/17	3:30-5:00pm
G, B, R	11-15	Su*	4/1-6/17	1:15-2:45pm

Tennis Lesson Bonus/Make Up Days:

Sunday-Friday Classes	Sa, 4/14 and 5/19	Times TBD
Saturday Classes	Su, 4/15 and 5/20	Times TBD

Little Tennis & Athletic Development Program

Ages 4-6

Fantastic Four, Five and Six year olds (Age 4-6)

This specialized program was designed to stimulate, challenge and appeal to children 4 to 6 years old. A team of highly trained and motivated "team leaders" will help provide a stimulating environment to develop motor skills and social development. Students will build the fundamental skill sets to successfully enjoy and participate in many physical activities; with an emphasis on the lifelong game of tennis.

12 classes | 6:1 ratio | \$150.00R/\$165.00N

11 classes* | *No class 4/8 | 6:1 ratio | \$138.00R/\$152.00N Pleasanton Tennis Park | Instructor: Lifetime Tennis Staff

Days	Dates	Times
Tu	3/27-6/12	3:30-4:15pm
W	3/28-6/13	3:30-4:15pm
Th	3/29-6/14	3:30-4:15pm
F	3/30-6/15	3:30-4:15pm
Sa	3/31-6/16	8:00-8:45am
Su	4/1-6/17*	9:30-10:15am
Su	4/1-6/17*	2:45-3:30pm

NEW PROGRAM!

Intro to Tournament Training & Tournament Training

These year 'round programs are designed to prepare students for tennis tournaments. For more in formation contact Cyril Macasero at cyrilm@lifetimetennis.com or Aaron Wong at aaronw@lifetimetennis.com

NEW PROGRAM!

Hit with the Pros

Drop in the last Friday night of every month hit with our pros.

Age	Time	Fee	
7-18	8:00pm	\$5.00R/\$7.00N	

Table Tennis

Phone: (925) 931-3449

11 classes* | *No class 4/8 | \$182.00R/\$200.00N | 6:1 ratio Pleasanton Tennis Park | Instructor: Lifetime Tennis Staff

Age	Days	Dates	Times
7-10	Su	4/1-6/17	12:30-2:00pm
11-15	Su	4/1-6/17	2:00-3:30pm

Spring Tennis Camps

Ages 4-18

Location: Tennis and Community Park

Players must wear athletic shoes. (please bring non-marking soled shoes). Players are encouraged to wear sunscreen, bring a tennis racquet, comfortable clothes including a visor or cap and a snack. Ice water provided.

Little Tennis Camps (LT) Developed specifically for young children and held within the safe environment of the Pleasanton Tennis & Community Park, students will enjoy learning the forehand, backhand, volleys & serve. Coordination games, tennis terms & refreshment breaks are just part of this popular camp.

Youth Improvement Camps (YI) An exciting week of fun and healthful exercise! Each camp will involve students with tennis-related drills, games, and stroke-specific activities. 15 hours of practice in one week makes a huge difference in a students development! Participants will be grouped by age and then by ability.

Junior Team Camp (JT) Kick your game into high gear with some intense training and fun at our Junior Team summer camp. Players will spend time polishing technique, competing in matches and improving their fitness. Students who have not participated in the junior teams must be evaluated before signing up.

Lifetime Tennis Activities Camp (AC) This camp is designed to get kids active and engaged through stimulating outdoor and indoor games and activities. Activities include unique arts and crafts, ping pong, basketball, scavenger hunts, tennis, field games and many more. Each week will include a fun building project such as a model roller coaster, battery powered race cars to name a few. Don't spend your summer in front of the TV or computer. Sign up now for this unique camp!

Table Tennis Camp (TT)

5 classes | 4:1 ratio | \$150.00R/\$165.00N Pleasanton Tennis Park | Instructor: Lifetime Tennis Staff

Level	Ages	Day	Date	Time
LT	4-6	M-F	4/9-4/13	9:30am-11:00am
LT	4-6	M-F	4/9-4/13	11:00am-12:30pm

5 classes | 8:1 ratio | \$163.00R/\$180.00N | *\$110.00R/\$121.00N Pleasanton Tennis Park | Instructor: Lifetime Tennis Staff

Level	Ages	Day	Date	Time
ΥI	6-15	M-F	4/9-4/13	9:30am-12:30pm
ΥI	6-15	M-F	4/9-4/13	12:30-3:30pm
JT	7-18	M-F	4/9-4/13	12:30-3:30pm
AC	8-14	M-F	4/9-4/13	9:30am-12:30pm
TT	8-14	M-F	4/9-4/13*	1:00-3:00pm

Tennis Registration:

Lifetime Tennis Web Site: www.lifetimetennis.com Fax: (925) 484-9579

Mail: Lifetime Tennis, 5801 Valley Ave., Pleasanton, 94566 In person: Pleasanton Tennis Center, 5801 Valley Ave

Phone: (925) 931-3449

City of Pleasanton Middle School Tennis League 2012

The Tennis Team

- 12 players will be selected from each school. Matches will consist mainly of doubles.
- The season will run from 4/16/12-5/31/12.
- There is a \$109.00R/\$119.00N program fee per team member.

Tryouts (no fee for tryouts): Please arrive 15min before start time

Dates: PMS 6th. 7th. & 8th grade March 19th @ 4:00pm

PMS 6th, 7th, & 8th grade March 19th @ 4:00pm Hart 6th, 7th, & 8th grade March 20th @ 4:00pm

Other schools 6th, 7th, & 8th grade March 20th @ 4:00pm Harvest Park 6th, 7th, & 8th grade March 21st @ 4:00pm

For more information see www.lifetimetennis.com



Drop in Ping Pong

Get out of the garage and come show off your skills at the park! Ping pong tables and equipment are available for rent in our club room. Each table rents for \$6.00R/\$7.00N per hour on a drop in basis. Tables are not available when club room is booked. Please call ahead to determine availability.

Tennis Birthday Parties

Come celebrate your birthday at the Pleasanton Tennis Park. Our parties are fun for everyone! You and your guests will enjoy tennis games and instruction designed to create a fun party atmosphere. No tennis experience is necessary! Our party package includes 1 ½ hours of on court activities and a 1 hour rental of the party room. Our party room features a 65° TV, DVD player and connections for video games along with plenty of tables and chairs for your party guests. Call (925) 931-3449 to book your party.



Spring Adult Tennis League

Ages 18 and up

Location: Tennis & Community Park, 5801 Valley Avenue

Ladies Doubles-Rotating Partners

9 matches | \$63.00R/\$70.00N | no league 4/6, 4/9-13, 5/28

Level	Days	Dates	Times	_
2.5	М	3/26-6/4	8:45-11:00am	
3.5	F	3/30-6/8	8:45-11:00am	

10 matches | \$70.00R/\$77.00N | No league 4/6, 4/9-13, 5/28

Level	Days	Dates	Times	
3.0	Th	3/29-6/7	8:45-11:00am	
3.5	Tu	3/27-6/5	8:45-11:00am	
3.7	W	3/28-6/6	9:30-11:45am	

Men's Doubles-Rotating Partners

11 matches | \$77.00R/\$85.00N

Level	Days	Dates	Times	
3.0	Th	3/29-6/7	8:00-10:00pm	
3.5	W	3/28-6/6	8:00-10:00pm	
4.0	Th	3/29-6/7	8:00-10:00pm	

Mixed Doubles-Rotating Partner

11 matches | \$77.00R/\$85.00N

Level	Days	Dates	Times
3.0(Men)	Tu	3/27-6/5	8:00-10:00pm
3.0(Women)	Tu	3/27-6/5	8:00-10:00pm
4.0(Men)	Tu	3/27-6/5	8:00-10:00pm
4.0(Women)	Tu	3/27-6/5	8:00-10:00pm

Mixed Doubles-Permanent Partners**

10 matches | \$140.00R/\$147.00R&N/\$154.00N | No league 5/28

Level	Days	Dates	Times
3.5	М	3/26-6/4	8:00-10:00pm
4.0	М	3/26-6/4	8:00-10:00pm

^{**}Permanent Partner leagues must sign up as a team.



Phone: (925) 931-3449

Private Lesson

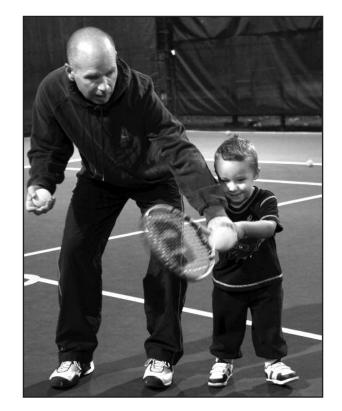
Group rate is to be divided by the number of group members.

Private Lessons run 45 minutes

Lesson Type	Fee	# of players						
Private single	\$53.00R/\$58.00N	1 player						
Group single	\$64.00R/\$70.00N	2-4 players						
Private 6 pack lessons	\$294.00R/\$323.00N	1-player						
Group 6 pack lessons	\$364.00R/\$400.00N	2-4 players						

Racquet Stringing

Value-\$15	Includes string labor and your choice of					
	Synthetic Gut Extreme or Stamina strings					
Performance-\$20	Includes string labor and your choice of					
	Sensation or Adrenaline strings					
High Performance-\$30	Includes string labor and your choice of NXT,					
	Luxilon Big Banger or ALU Power Spin strings					
Labor only-\$10	Bring your own strings					
(Same day service \$15)						



ome experience the Alviso Adobe! It is a unique historic resource that tells the story of California from its earliest human occupation, dating back to 3240 B.C. A recent restoration developed the site into an interpretive park where visitors can learn about the history of the Amador Valley and get

a rare glimpse of times past. From its earliest recorded human habitation as a settlement of the native Ohlone Indians, to the days of the Spanish Ranchos, or Californios, managing

COMMUNITY PARK

herds of cattle on the original 12,000-acre Rancho Santa Rita, to the turn of the century when it was home to one of California's first certified dairies. Original portions of each historical period have been left intact for visitors' enjoyment.

Visit this park that boasts a Native American grinding rock feature, the only one of its type in the vicinity. Tour the restored Alviso Adobe, the first building in the Pleasanton area, and the physical and interpretive centerpiece of the park, as well as a re-creation of the historic Meadowlark Dairy Milking Barn and Interpretive Center,

Bunk House/Interpretive and Activity Space. All are used to accommodate various programs, activities and indoor interpretive displays.

> This beautiful site also features a dramatic overlook of the valley, with images of Pleasanton at different time periods. A small amphitheater seats 40-50 people. Nearby are

> > demonstration areas that invite visitors to participate in unique and diverse activities related to focused time periods and the park itself.

The park grounds have been carefully landscaped with native plants, fruit and nut trees. Native vegetation grows along the northern edge of Old Foothill Road amidst ancient Heritage oak trees, Native American rock features, and an ephemeral creek.

Schedule a guided tour for your school group, scouts or organization. Volunteer and community service projects are available for all age groups. For more information, please contact Stephanie Carman at (925) 931-3479 or alvisoadobe@ci.pleasanton.ca.us.

Alviso Adobe Community Park 3465 Old Foothill Road, Pleasanton For more information, call (925) 931-3479



Park Hours: Dawn to Dusk Facility Hours: Wed.-Sun. 10:00am-4:00pm Facility will be closed on 4/8/12 and 5/27/12



Phone: (925) 931-5340

Visit beautiful Augustin Bernal Park, the City of Pleasanton's 237-acre natural jewel located on the Pleasanton Ridge. The City park, and the adjacent park land of East Bay Regional Park District, provides an opportunity to appreciate magnificent views of the valley, enjoy a diverse array of native plant life and, with luck, see some of the birds and animals that call the Ridge home.

Augustin Bernal Park

General Information

Located on Pleasanton Ridge, Augustin Bernal Park has a staging area open for public use. Access to the beautiful seven-acre staging area, located at 8200 Golden Eagle Way, is through the main gate to Golden Eagle Farms, a gated residential community.

Resident and Nonresident Access

A guard is on duty at the gate during daylight hours. Show the guard proof of residency. A driver's license, Amador or Foothill High School Student card, City of Pleasanton Employee Identification card, or a City water bill accompanied by a photo I.D. is adequate. One identification required per car, bicyclist or hiker. Each may have one guest.

Nonresidents can apply for a one week pass at the Department of Community Services, Monday through Friday, 8:00am to 5:00pm or during Alviso Adobe Community Park Facility hours. One nonresident day pass admits a vehicle, bicyclist or hiker.

Access: Horse Trailers

Horse trailers require a special day permit. No more than three horse trailer permits per day will be allowed. Horse trailer permits are granted to Pleasanton residents only and may be obtained at the Golden Eagle Estates Guard Station.

Park Access Hours

Access to Augustin Bernal Park through Golden Eagle Way is as follows:

Nov. 1-Mar. 31: Apr. 1-Oct. 31: 6:30am-5:30pm 6:30am-6:30pm Park is open from dawn to dusk

Special group hikes are available. For more information, please call Eric Nicholas, Naturalist at 931-3483.



CITY OF PLEASANTON









Event Venue Rentals

The City rents several types of facilities and spaces to meet the community's needs. Rental rates and related costs for all facilities vary, depending upon type of space and renter category (Co-sponsored Group, Resident, Non-resident, Commercial).

Large Event Sites

The Senior Center Main Hall seats up to 300 people and the Veterans Memorial Building holds up to 220. Both have kitchens. The Senior Center offers plenty of parking, and is adjacent to Centennial Community Park, which has been the site for several outdoor wedding ceremonies.

Small Event Sites

Amador Recreation
Center (capacity 100) and
Century House (capacity
100) offer space for small
events. The Recreation
Center is ideally located
within Amador Valley
Community Park, next to
the Aquatic Center and
children's playground.
Century House offers the
ambience of an 1870's
Victorian farmhouse.

Meeting Rooms

We also offer meeting rooms with maximum capacities of 25 to 50, depending upon the facility.

Picnic Areas

Group picnic areas at Amador Valley Community Park (capacity 200), Sports and Recreation Community Park (capacity 200), and Val Vista Community Park (capacity 250) can also be reserved.

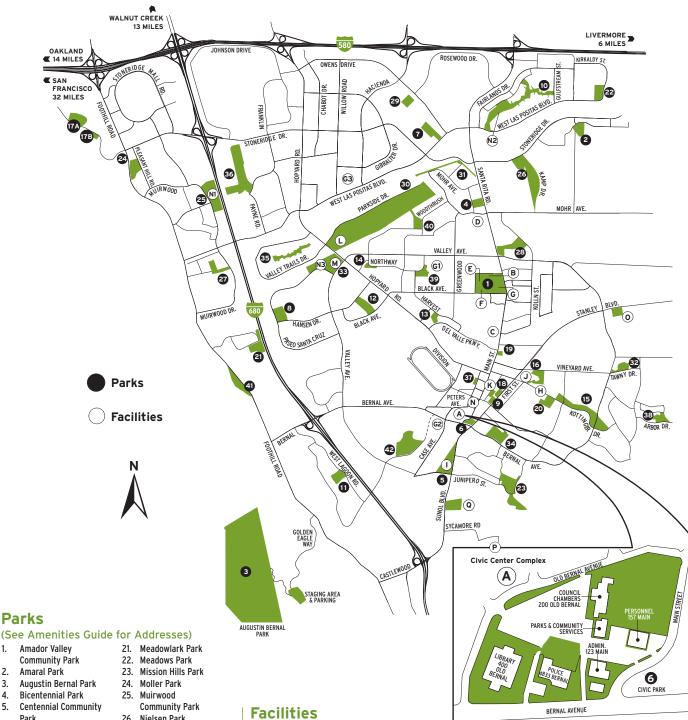
Gymnasiums

Gyms at Harvest Park, Pleasanton and Hart middle schools could be rented for indoor sports games and tournaments after school hours, depending upon availability. Please contact Dan Villasenor at (925) 931-3437 for additional information.

Softball Fields

For softball tournaments, many groups rent our Softball Complex located within the Sports and Recreation Community Park, 5800 Parkside Drive (corner of Hopyard Road and Parkside Drive). For more information and availability, please contact Dan Villasenor at (925) 931-3437.

For descriptions, reservation procedures and rental fees, go to http://www.pleasanton.ca.us/services/recreation/facilityrentals or contact the Community Services Department at (925) 931-5340.



Amador Valley Community Park 2.

3. Augustin Bernal Park

4.

Centennial Community 5. Park

6. Civic Park

Creekside Park 7.

Del Prado Park 8.

Delucchi Park 9.

10. Fairlands Park

Fawn Hills Park 11.

12. Hansen Park

Harvest Park 13.

14. Heatherlark Park

15. **Kottinger Community** Park

Kottinger Village Community Park

17A. Laurel Creek Park

17B. The Preserve Staging Area

18. Lions Wayside Park

19. Main Street Green 20. McKinley Park

26. Nielsen Park

27. Oakhill Park

Orloff Park 28.

Owens Plaza Park 29.

Sports & Rec. Community Park

Sutter Gate Park 31.

32. Tawny Park

Tennis & Community Park

Upper Pleasanton Field 34.

35. Valley Trails Park

36. Val Vista Park

37. Veterans Plaza Park

38. Vintage Hills Park

39. Walnut Grove Park

40. Woodthrush Park 41. Alviso Adobe Community

Park/Facility 42. Bernal Community Park A. Civic Center Complex Parks & Community Services City Hall Library Police Department

City Hall Administration **Amador Recreation Center**

C. Amador Theater

Century House D.

Cultural Arts Center

Dolores Bengtson Aquatic Center

Gingerbread Preschool

H. Nature House

I.

J.

Regalia House K. Firehouse Arts Center

Pleasanton Senior Center

200 Old Bernal Avenue 157 Main Street 400 Old Bernal Avenue 4833 Bernal Avenue 123 Main Street 4455 Black Avenue 1155 Santa Rita Road

2401 Santa Rita Road 4477 Black Ave., Amador Valley Community Park

4455 Black Ave., Amador Valley Community Park 4433 Black Ave., Amador Valley Community Park

519 Kottinger Drive 5353 Sunol Boulevard

4444 Railroad Avenue

4133 Regalia

Softball Fieldhouse

Tennis Complex Veterans Memorial Building

BMX Facility Callippe Preserve Golf Course

Pleasanton Pioneer Cemetary 5780 Sunol Blvd.

Gymnasiums

G1 Harvest Park Middle School G2 Pleasanton Middle School

G3 Thomas A. Hart Middle School 4433 Willow Road

Tennis Courts

N1 Muirwood Park N2 Fairlands Park

N3 Tennis & Community Park

(2 courts) (10 lighted courts)

N5 School District

(2 courts)

(4 courts)

5800 Parkside Drive

5801 Valley Avenue

3320 Stanley Blvd.

8500 Clubhouse Drive

4900 Valley Avenue

5001 Case Avenue

301 Main Street

Parks Amenities	Guide					_	ourt(s)			rse			ark				/ Rink	ark	S)	(S)	5 ,,		pace	ort Ct.	ea	-ea
Legend: C-Community N	–Neighborhood U–Unde	eveloped		Ball .	Barbeque Pit	Baseball Field	Basketball Court(s)	BMX Track	ark	Exercise Course	Golf Course	Horseshoes	Inline Skate Park	Picnic Tables	Public Art	Restroom(s)	Roller Hockey Rink	Skateboard Park	Soccer Field(s)	Sortball Fleid(S)	Tennis Courts	Tot Play Area	Trails/Open Space	Volleyball/Sport Ct.	Waterplay Area	ı Play Ar
Park Name	Location	Type	Acres	Bocce Ball	Barbe	Basel	Baske	BMX .	Dog Park	Exerc	5017	Hors	Inline	Picni	Publi	Restr	Rolle S	Skate	Socce	SOTTD	Tenni	Tot P	Trails	Volle	Wate	Yout
Alviso Adobe Comm. Park	3465 Old Foothill Rd	C	7							T		T						T			T	T		П	T	_
Amador Valley Comm. Park	4301 Black Ave.	С	23.5															1								
Amaral Park	3400 Dennis Dr.	N	5		•							1														•
Augustin Bernal Park	8200 Golden Eagle Way	С	237.0																							
Bernal Community Park	7001 Pleasanton Ave.	C	13																							0
Bicentennial Park	2401 Santa Rita Rd.	C	2.7																							
BMX Facility	3320 Stanley Blvd.	Č	3.65																							
Callippe Preserve Golf	8500 Clubhouse Dr.	C	425															4								
Centennial Park	5353 Sunol Blvd.	C	5.7																							
Civic Park	100 Main St.	C	.7											•												
Creekside Park	5665 W. Las Positas	N	6.6																						١.	
Del Prado Park	6701 Hansen Drive	N	5.0																-							
Delucchi Park	4501 First Street	C	.7															+			+				-	
Fairlands Park	4100 Churchill Dr.	N	13.8																							
																		4							4	
Fawn Hills Park	1510 West Lagoon Rd.	N	5.0															_			1					
Hansen Park	5697 Black Ave.	N	6.2																							
Harvest Park Middle	4900 Valley Ave.	С	N/A																							
School Gym	·					_															┸	L				
Harvest Park	1401 Harvest Rd.	N	1.6																							
Heatherlark Park	5700 Northway Rd.	N	.8																							
Kottinger Community	1000 Vantingan Dd	С	14.5																							
Park	1000 Kottinger Rd.	C	14.)																							
Kottinger Village Park	4100 Vineyard Ave.	N	4.9				•														Τ					•
Laurel Creek Park	5875 Laurel Creek Dr.	N	7.3																							
The Preserve Staging Area	5800 Laurel Creek Dr.	С	.56															Т		Т	Т	П				
Lions Wayside Park	4401 First St.	С	.7																							
Main Street Green	890 Main St.	С	.73									Т								Т	Т	П				
McKinley Park	519 Kottinger Dr.	N	5.3																							
Meadowlark Park	8200 Regency Dr.	N	4.3		•		•														Т			•		0
Meadows Park	3301 W. Las Positas	N	5.0				•																			•
Mission Hills Park	600 Junipero	N	8.5		•																Т					•
Moller Park	5500 Pleasant Hill Rd.	N	7.0																							
Muirwood Community																										
Park	4701 Muirwood Dr.	С	13.9																		•					
Nielsen Park	3755 Stoneridge	N	5.0																							•
Oakhill Park	4100 Muirwood Dr.	N	3.9																							
Orloff Park	1800 Santa Rita Rd.	N	8.0																							
Owens Plaza Park	5700 Owens Dr.	N	3.0															+			+				-	
Pleasanton Middle)/00 Owells DI.	14	5.0																		_					
	5001 Case Ave.	С	N/A																							
School Gym																		4			4	4				
Sports & Recreation	5800 Parkside Dr.	С	103.0																						- 4	0
Community Park					_	_						1									_	ľ				_
Sutter Gate Park	4801 Sutter Gate Ave.	N	2.7															4								
Tawny Park	400 Tawny Dr.	N	3.9																		┸					
Tennis & Community Park	5801 Valley Ave.	С	15.0																							
Thomas A. Hart	4433 Willow Rd.	С	N/A																							
Middle School Gym																										
Upper Pleasanton Field	4645 Bernal Ave.	N	3.0																							
Valley Trails Park	3400 National Park Rd.	N	6.1																							
Val Vista Community Park	7350 Johnson Dr.	С	24															(
Veterans Plaza	550 Peters Ave.	С	.5																							
Vintage Hills Park	3301 Arbor Dr.	N	4.0																							
Walnut Grove Park	5150 Northway Rd.	N	3.5		•									•												
Woodthrush Park	5099 Woodthrush Rd.	N	3.5																							
Phone: (025) 031-53/0									Di	_		4.	- 0			uni	4						1	_		

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See the Summer Camp insert inside this Guide for the following Summer Camp offerings:

Abstract Art Camp Acrylic Paint Camp Amador Valley Turn 2 Baseball Camp Art About Camp Berkeley Chess Camps Camp Character Championship Basketball Camp Club VIP Volleyball Camp FUNdamental Basketball Camp Gingerbread Summer Zone Camps Girl Zone Basketball Camp I Love to Draw Camp Jewelry & Fashion Accessories Camp Kidz Love Soccer Summer Camp Lil Baseball Camps Longfellow's Activity & Swim Camp Nature Day Camps PADI Seal Team Scuba Camp Rich Cortez Volleyball Camp Science Beginnings Camps Sculpture Building Camp Skyhawk Summer Camps Summer Day Camp at Amador Recreation Center TechKnowHow Computer Camps Summer Drama Camps Summer Tennis Camps UK International Community Soccer Camp Watercolor Camp

The City of Pleasanton's

TOT DROP Drop-In Recreation Classes

Location: Cultural Arts Center, 4477 Black Avenue

A FLEXIBLE AND AFFORDABLE alternative because you:

"Only Come When You Want."
Only Pay When You Come."

YOU make your schedule—
as little as 1 hour, no more than 12 hours a week.
Come occasionally or ongoing.
Choose your days and arrival and pick up times.
Monday–Thursday 9:00am to 1:00pm

Diaper Wearers Welcome!

Discounted Punch Pass is available online at www.cityofpleasanton.com or at the Community Services Department, 200 Old Bernal Ave.

Never tried TOT DROP? The first hour is on us!

Once you try it, we're sure you'll come again and again!

BRING A FRIEND! You both get an hour for free!

COUPON 1 FREE HOUR

(\$10 value)

New FAMILIES only. One per family.

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Saturday, May 12, 2012

Pleasanton Senior Center

7:30am-10:00am 10:00am-12:30pm

1:00pm-4:00pm

1:30pm

PLEASE CALL THE ALAIN PINEL OFFICE AND ASK FOR LESLIE, JOYCE OR MARTI AT (925) 251-1111

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